



## Asian Athletics Ranking 2009

### M E N e v e n t s

#### 100 m / automatic timing

10.07	+1.9	Masashi Eriguchi	JPN	171288	1s1	Hiroshima	28.06.09
10.09	+1.8	Naoki Tsukahara	JPN	100585	1h1	Hiroshima	27.06.09
10.17	NR	Suryo Agung Wibowo	INA	081083	1	Vientiane	13.12.09
10.19	+1.4	Samuel Francis	QAT	270387	5rA	Berlin	14.06.09
10.20	+1.3	Shinji Takahira	JPN	180784	2rA	Hiroshima	29.04.09
10.21	+1.4	Shintaro Kimura	JPN	300687	1h4	Hiroshima	27.06.09
<b>10.22</b>	+1.9	Shogo Arao	JPN	160888	2s1	Hiroshima	28.06.09
10.25	-0.4	Lu Bin	CHN	190587	1	Jinan	22.10.09
10.26	+1.9	Shigeyuki Kojima	JPN	250979	4s1	Hiroshima	28.06.09
10.28	-0.4	Su Bingtian	CHN	290889	1	Yulin	15.05.09

#### 200 m / automatic timing

20.22	+1.3	Shinji Takahira	JPN	180784	1	Hiroshima	26.06.09
20.42	+1.3	Hitoshi Saito	JPN	091086	2	Hiroshima	26.06.09
20.48	-0.4	Mitsuhiro Abiko	JPN	251088	6	Osaka	09.05.09
20.55	+1.3	Kenji Fujimitsu	JPN	010586	3	Hiroshima	26.06.09
<b>20.61</b>	+0.2	Naoki Tsukahara	JPN	100585	3	Fukuroi	03.05.09
20.68	+0.2 NR	Supachai Chimdee	THA	050191	1	Kanchanburi	18.03.09
20.72	-0.3 NR	Omar Jouma Al-Salfa	UAE	151089	1	Qatif	01.05.09
20.74	+1.3	Sota Kawatsura	JPN	190689	5	Hiroshima	26.06.09
20.74A	+1.8	Hamed Hamadan Al-Bishi	KSA	150580	1rB	Donnas	12.07.09
20.77	-0.4	Mitsuru Hasegawa	JPN	120684	7	Osaka	09.05.09

#### 400 m / automatic timing

45.16		Yuzo Kanemaru	JPN	180987	2	Osaka	09.05.09
45.74		Ismail Moh. Al-Sabyani	KSA	250489	1	Riyadh	11.05.09
45.84		Youssef Al-Masrahi	KSA	311287	2	Riyadh	11.05.09
<b>45.84</b>		Hideyuki Hirose	JPN	200789	2	Hiroshima	28.06.09
46.02		Yusuke Ishitsuka	JPN	190687	2rA	Fukuroi	03.05.09
46.02		Yoshihiro Horigome	JPN	020181	3	Hiroshima	28.06.09
46.02		Liu Xiaosheng	CHN	050188	1	Jinan	22.10.09
46.10	NR	Hassan Ali Obaid Shirook	UAE	131079	2	Qatif	29.04.09
46.16		Bibin Mathew	IND	160187	1rA	Chennai	14.05.09
46.16		Park Bong-Ko	KOR	080591	1	Kwangju	30.10.09

#### 800 m

1:43.66	NR	Mohamed Obeid Al-Salhi	KSA	110586	3	Doha	08.05.09
1:44.83		Youssef Saad Kamel	BRN	290383	5rA	Rieti	06.09.09
1:45.26		Bilal Mansour Ali	BRN	171088	1rA	Heusden	18.07.09
1:46.08		Ali Saad Al-Daraan	KSA	170490	1rA	Indianapolis	17.06.09
1:46.16	NR	Masato Yokota	JPN	191187	1	Yokohama	18.10.09
1:46.41		Rashid Mohamed	BRN	091179	6	Tanger	12.07.09
1:46.71		Takeshi Kuchino	JPN	070486	2	Yokohama	18.10.09
<b>1:46.91</b>		Mohamed Mutlak Al-Azimi	KUW	160682	2	Damascus	09.10.09
1:47.68		Sajjad Moradi	IRI	300383	4h1	Berlin	20.08.09



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1:48.00 Adnan Taees Akkar IRQ 240380 1rA Karlskrona 06.07.09

### 1500 m

3:31.56 Youssef Saad Kamel BRN 290383 4 Monaco 28.07.09  
3:32.10 Bilal Mansour Ali BRN 171088 5 Roma 10.07.09  
**3:36.96** Moh.Othman H. Shahween KSA 150286 9 Rabat 23.05.09  
3:38.80 Fumikazu Kobayashi JPN 210378 2 Nobeoka 30.05.09  
3:39.06 Mohamed Al-Garni QAT 010792 2rB Huelva 10.06.09  
3:39.68 Yasunori Murakami JPN 301283 2 Osaka 09.05.09  
3:39.77 NR Omar Awadh Al-Rashidi KUW 101184 5 Alger 11.06.09  
3:40.46 Kamal Ali Thamer QAT 121188 12 Doha 08.05.09  
3:41.23 Yasuhiro Tago JPN 130583 4 Osaka 09.05.09  
3:41.62 Chatholi Hamza IND 101181 1 Chennai 24.10.09

### 5000 m

13:05.46 James Kwalia QAT 120684 2 Oslo 03.07.09  
13:11.01 Essa Ismail Rasheed QAT 141286 5rA Heusden 18.07.09  
13:11.64 Hussein Jamaan Al-Hamdah KSA 040883 3 Rabat 23.05.09  
13:15.20 Abdullah Ahmad Hassan QAT 290781 4 Tangerang 12.07.09  
13:22.70 Saif Saeed Shaheen QAT 151082 1 Toronto 11.06.09  
**13:26.31** Yuichiro Ueno JPN 290785 3rE Nobeoka 30.05.09  
13:26.90 Kensuke Takezawa JPN 111086 6 Barcelona 25.07.09  
13:28.16 Yusei Nakao JPN 280284 7rB Heusden 18.07.09  
13:30.46 Yuki Sato JPN 261186 5rE Nobeoka 30.05.09  
13:33.68 Nicholas Kemboi QAT 251183 11 Milano 25.06.09

### 10000 m

27:38.25 Yuki Sato JPN 261186 3 Berkeley 24.04.09  
27:41.99 Nicholas Kemboi QAT 251183 6 Utrecht 14.06.09  
27:45.03 Abdullah Ahmad Hassan QAT 290781 11 Berlin 17.08.09  
27:48.71 Yusei Nakao JPN 280284 1rA Fukagawa 10.06.09  
27:58.03 Yuki Iwai JPN 301282 4rA Fukagawa 10.06.09  
28:01.8 NR Hussein Jamaan Al-Hamdah KSA 040883 4 Casablanca 14.06.09  
28:07.04 Suehiro Ishikawa JPN 270979 14 Berkeley 24.04.09  
28:08.13 Yoshinori Oda JPN 051280 3 Niigata 31.05.09  
28:09.38 Masato Kihara JPN 130786 1 Hachioji 25.11.09  
28:11.33 Takeshi Makabe JPN 030282 2 Yokohama 21.11.09

### Marathon

2:08:30 Ji Young-Joon KOR 151081 1 Daegu 12.04.09  
2:09:09 NR Adam Ismail Khamis BRN 120289 3 Köln 04.10.09  
**2:09:16** Atsushi Sato JPN 080578 8 London 26.04.09  
2:10:38 Seiji Kobayashi JPN 030177 2 Oita 01.02.09  
2:10:50 Masaya Shimizu JPN 121180 4 Otsu 01.03.09  
2:10:53 Keita Akiba JPN 271179 3 Oita 01.02.09  
2:11:01 Kazuhiro Maeda JPN 190481 2 Tokyo 22.03.09  
2:11:25 Kensuke Takahashi JPN 300578 3 Tokyo 22.03.09  
2:11:39 Hwang Jun-Hyeun KOR 250587 8 Seoul 15.03.09



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2:12:10 Ryo Yamamoto JPN 180584 2 Sapporo 30.08.09

### 3000 m Steeple

8:06.13	NR	Tarek Mubarak Taher	BRN	240384	3	Athinai	13.07.09
8:18.95		Ali Abubaker Kamal	QAT	081183	5h1	Berlin	16.08.09
8:25.11		Sun Wenli	CHN	090278	1	Jinan	21.10.09
8:27.14		Lin Xiangqian	CHN	270187	1	Jinan	21.10.09
8:34.95		Yoshitaka Iwamizu	JPN	200679	2	Sapporo	06.06.09
8:35.19		Hiroyoshi Umegae	JPN	050184	3	Sapporo	06.06.09
<b>8:35.21</b>		Takayuki Matsuura	JPN	161285	1	Niigata	05.10.09
8:35.72		Aoi Matsumoto	JPN	070987	2	Niigata	05.10.09
8:37.48		Tsuyoshi Takeda	JPN	220187	3	Hiroshima	25.06.09
8:37.52		Yuki Munakata	JPN	201289	3	Niigata	05.10.09

### 110 m H / automatic timing

13.15	+1.2	Liu Xiang	CHN	130783	2	Shanghai	20.09.09
13.34	+1.2	Shi Dongpeng	CHN	060184	3	Shanghai	20.09.09
13.38	+0.8	Yin Jing	CHN	230588	1	Beograd	11.07.09
13.41	+0.9	Ji Wei	CHN	050284	3h1	Berlin	20.08.09
13.53	+1.2	Xie Wenjun	CHN	110790	7	Shanghai	20.09.09
13.57	+1.6	Tasuku Tanonaka	JPN	230978	1	Hiroshima	27.06.09
13.57	+0.4	Huang Hao	CHN	071087	2	Jinan	04.07.09
<b>13.69</b>	<b>0.0</b>	Jiang Fan	CHN	160989	1	Zhaoqing	11.04.09
13.72	+1.2	Yuji Ohashi	JPN	050983	2	Sapporo	12.07.09
13.73	+1.0	Ahmad Moh. Al-Moualed	KSA	160288	7	Doha	08.05.09

### 400 m H / automatic timing

48.77		Kenji Narisako	JPN	250784	3	Osaka	09.05.09
49.04		Naohiro Kawakita	JPN	100780	3	Niigata	03.10.09
49.34		Masahira Yoshikata	JPN	230882	4	Osaka	09.05.09
49.43		Bandar Yahya Sharakili	KSA	060387	1	Damascus	09.10.09
49.45		Kazuaki Yoshida	JPN	310887	3h2	Berlin	15.08.09
49.56		Idris Abd. Al-Housaoui	KSA	270182	2	Damascus	09.10.09
49.59		Joseph G. Abraham	IND	110981	1	Chennai	14.05.09
49.66	NR	Hassan Ali Obaid Shirook	UAE	131079	1	Qatif	30.04.09
49.66		Yuta Imazeki	JPN	061187	4	Niigata	03.10.09
49.86		Takayuki Kishimoto	JPN	060590	1	Kofu	18.10.09

### High Jump

2.28		Naoyuki Daigo	JPN	180181	1	Wakayama	19.04.09
2.28		Sergey Zasimovich	KAZ	110386	1	Hongkong	30.05.09
2.28		Zhang Shufeng	CHN	241184	1	Jinan	23.10.09
2.26		Wang Chen	CHN	270290	2	Jinan	23.10.09
2.25		Hikaru Tsuchiya	JPN	010286	4	Osaka	09.05.09
2.25		ManjulaKumara Wijesekara	SRI	300184	1	Eugene	29.05.09
2.24		Huang Haiqiang	CHN	080288	1	Yulin	17.05.09
2.24		Lee Hup Wei	MAS	050587	1	Suzhou	23.05.09
2.24		Chen Cheng	CHN	101089	1	Zhengzhou	07.09.09



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**2.23** Naoto Tobe JPN 310392 1y Niigata 05.10.09

## Pole Vault

5.70		Daichi Sawano	JPN	160980	1	Walnut	18.04.09
5.70		Leonid Andreyev	UZB	061083	1	Tashkent	-22.05.09
5.70		Liu Feiliang	CHN	270385	1	Jinan	03.07.09
5.70		Yang Yansheng	CHN	050188	2	Jinan	03.07.09
5.60		Yang Quan	CHN	081286	2	Jinan	22.10.09
5.55		Takafumi Suzuki	JPN	250587	1	Fukuroi	03.05.09
5.55		Hiroki Ogita	JPN	301287	4	Osaka	09.05.09
5.55		Kim Yoo-Suk	KOR	190182	1	Chula Vista	16.05.09
<b>5.50</b>		Hiroki Sasase	JPN	170889	1	Taipei	25.07.09
5.40		Li Kang	CHN	160787	4	Jinan	22.10.09
5.36	NR	Mohamed Mohsen Rabbani	IRI	180483	1	Tehran	07.08.09
5.30		Taiga Sugawara	JPN	110686	2	Kyoto	19.04.09
5.30		Takashi Onishi	JPN	081085	1	Fukuoka	25.04.09
5.30		Naoya Kawaguchi	JPN	180687	1	Tsukuba	06.06.09
5.30		Jun-ya Nagata	JPN	150488	5	Hiroshima	27.06.09
5.30		Akira Onodera	JPN	020480	1	Sapporo	12.07.09
5.30		Takaya Shibata	JPN	070884	1	Shimonoseki	22.08.09
5.30		Koki Nara	JPN	040988	1	Tokyo	18.09.09
5.30		Tang Zhanggui	CHN	150285	5=	Jinan	22.10.09
5.30		Xia Xiang	CHN	280391	5=	Jinan	22.10.09

## Long Jump

8.27	+0.4	Zhang Xiaoyi	CHN	250589	1	Jinan	22.10.09
8.20	+1.3	Hussein Taher Al-Sabee	KSA	141179	-	Madrid	04.07.09
8.20	+0.4	NR Kim Duk-Hyun	KOR	081285	-	Beograd	12.07.09
8.18	+0.1	Li Jinzhe	CHN	010989	2	Jinan	22.10.09
8.11	+0.8	Yu Zhenwei	CHN	180386	1	Zhaoqing	11.04.09
8.06	+0.6	Li Runrun	CHN	240283	3	Jinan	22.10.09
8.05	-0.2	Konstantin Safronov	KAZ	020987	1	Almaty	14.06.09
8.05	+0.2	Su Xiongfeng	CHN	210387	4	Jinan	22.10.09
8.02	-0.9	NR Saleh Abdelaziz Al-Haddad	KUW	070486	1	Al Kuwait	05.05.09
8.02	+1.1	Daisuke Arakawa	JPN	190981	1	Amagasaki	13.06.09

## Triple Jump

17.59	0.0	AsRLi Yanxi	CHN	260684	1	Jinan	26.10.09
17.41	-0.2	Zhu Shujing	CHN	240585	2	Jinan	26.10.09
17.13	0.0	Cao Shuo	CHN	081091	1	Yulin	17.05.09
17.10	+1.3	NR Kim Duk-Hyun	KOR	081285	1	Daegu	05.06.09
17.06	+0.4	Wu Bo	CHN	170684	2	Yulin	17.05.09
17.00	+2.0	Yevgeniy Ektov	KAZ	010986	1	Almaty	27.06.09
16.99	+1.0	Taras Moiseyenko	RUS/UZB	050586	2	Cheboksary	25.07.09
16.83	0.0	Gu Junjie	CHN	050585	4	Jinan	26.10.09
16.80	-0.1	Roman Valiyev	KAZ	270384	3	Kunshan	27.05.09
16.73	0.0	Renjith Maheswary	IND	300186	1	Chennai	23.10.09



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### Shot Put

21.13	AsR Sultan Abd. Al-Hebshi	KSA	310185	3	Doha	08.05.09
20.41	NR Zhang Jun	CHN	110483	1	Hongkong	11.12.09
20.02	Om Prakash Singh	IND	110187	1	Chennai	24.10.09
19.63	Amin Nikfar	IRI	020181	2	Victoria	10.06.09
19.45	Chang Ming-Huang	TPE	070882	1	Suzhou	23.05.09
19.20	Jia Peng	CHN	120184	1	Jinan	26.10.09
19.15	Satyender Kumar Singh	IND	190586	1	Bangalore	17.12.09
<b>19.12</b>	Hamid Reza N. Farahani	IRI	220287	1	Tehran	11.05.09
19.11	Guo Yanxiang	CHN	290187	2	Jinan	26.10.09
19.10	Xu Zhongnan	CHN	131189	3	Jinan	26.10.09

### Discus Throw

66.19	Ehsan Haddadi	IRI	210185	1	Ahwaz	16.10.09
65.33	Mohammad Samimi	IRI	290387	1	Beograd	12.07.09
64.67	Mahmoud Samimi	IRI	180988	2	Beograd	12.07.09
63.10	Ahmad Mohamed Dheeb	QAT	290985	1	Stayki	01.08.09
62.36	NR Musaeb Al-Momani	JOR	280886	2	Sofia	09.06.09
61.33	Sultan Mub. Al-Dawoodi	KSA	160677	1	Qatif	09.04.09
60.45	Wu Jian	CHN	250586	1	Zhengzhou	07.09.09
60.39	Li Shaojie	CHN	261175	1	Jinan	24.10.09
<b>60.15</b>	Wu Tao	CHN	031083	2	Zhaoqing	12.04.09
59.54	Haidar Nasser A.Shaheed	IRQ	230881	2	Damascus	09.10.09

### Hammer Throw

79.74	NR Ali Mohamed Al-Zankawi	KUW	270284	2	Celje	02.09.09
79.28	Dilshod Nazarov	TJK	060582	1	Uberlandia	20.05.09
78.36	Koji Murofushi	JPN	081074	1	Portland	06.09.09
74.11	Ma Liang	CHN	220783	1	Yulin	15.05.09
73.00	NR Kaveh Mousavi	IRI	270585	2	Kiev	16.05.09
72.49	Qi Dakai	CHN	230587	2	Yulin	15.05.09
71.95	Hiroaki Doi	JPN	021278	1	Tendo	17.05.09
71.27	Lee Yun-Chul	KOR	280382	1	Andong	22.04.09
<b>70.66</b>	Zhao Yihai	CHN	290385	3	Jinan	21.10.09
70.42	Wan Yong	CHN	220787	4	Jinan	21.10.09

### Javelin Throw

83.10	Park Jae-Myong	KOR	151281	1	Andong	22.04.09
83.10	Yukifumi Murakami	JPN	231279	Q	Berlin	21.08.09
81.48	Qin Qiang	CHN	180483	1	Kunshan	27.05.09
80.25	Wang Qingbo	CHN	240588	2	Guangzhou	14.11.09
79.69	Jung Sang-Jin	KOR	160484	1	Kimchun	03.05.09
79.62	Zhao Qinggang	CHN	240785	2	Hongkong	10.12.09
79.57	Chen Qi	CHN	100382	1	Jinan	26.10.09
79.31	Bobur Shokirjanov	UZB	051290	1	Tashkent	15.09.09
78.55	Ken Arai	JPN	221281	2	Wakayama	18.04.09
77.33	Kashinath Naik	IND	120583	1	Hyderabad	12.09.09



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## Decathlon

8029	Dmitriy Karpov	KAZ	230781	3	Kladno	24.06.09
					11.07w-6.97w-16.02-2.00-50.64/14.63w-50.79-4.90-55.89-4:53.23	
7941	Qi Haifeng	CHN	070883	1	Jinan	25.10.09
					10.86-7.38-13.51-2.00-49.27/14.82-45.06-4.50-60.92-4:46.01	
7856	Keisuke Ushiro	JPN	240786	1	Maebashi	11.10.09
					11.53-6.87w-13.61-2.02-50.88/15.23-45.26-4.60-73.82-4:37.65	
7791	Yu Bin	CHN	261185	2	Jinan	25.10.09
					10.85-7.53-14.24-1.91-50.05/14.69-44.34-4.20-62.23-4:54.29	
7788	Daisuke Ikeda	JPN	150486	26	Berlin	20.08.09
					11.16-7.09-13.43-1.87-49.28/14.90-39.72-4.60-63.73-4:22.39	
7708	Zhu Hengjun	CHN	050287	3	Jinan	25.10.09
					10.70-7.17-13.71-1.88-48.74/14.24-38.58-4.50-57.75-4:53.04	
7642	NR Moh.Jassem Al-Qaree	KSA	110588	1	Damascus	09.10.09
					10.73-7.44w-13.21-2.02-49.64/14.52-38.48-4.50-56.56-5:14.59	
<b>7639</b>	Hirosama Tanaka	JPN	280981	1	Wakayama	19.04.09
					11.09-6.85-11.81-1.93-50.08/15.10-42.28-5.00-60.04-4:40.38	
7558	NR Vu Van Huyen	VIE	080883	1	Vientiane	14.12.09
					10.78-7.02-11.83-2.01-49.10/15.15-39.42-4.40-55.72-4:40.77	
7545	Lin Qingquan	CHN	060487	1	Zhaoqing	11.04.09
					11.13-7.00-14.45-1.88-50.44/15.21-39.00-4.40-67.75-4:53.31	

## 20 km Road / 20000 m Track Walk

1:18:13	Wang Hao	CHN	160889	1	Jinan	22.10.09
1:19:10	Li Jianbo	CHN	141186	2	Jinan	22.10.09
1:19:51	Chu Yafei	CHN	050988	1	La Coruna	20.06.09
1:20:41	Yu Wei	CHN	110987	2	Nomi	15.03.09
1:20:45	Park Chil-Sung	KOR	080782	3	Nomi	15.03.09
1:20:49	Li Gaobo	CHN	040589	4	Jinan	22.10.09
1:20:58	Wang Leilei	CHN	140289	5	Jinan	22.10.09
1:21:00	Isamu Fujisawa	JPN	121087	4	Nomi	15.03.09
1:21:16	Koichiro Morioka	JPN	020485	1	Kobe	25.01.09
1:21:21	Chen Ding	CHN	050892	7	Wuxi	18.04.09

## 50 km Road Walk

3:40:12	NR Yuki Yamazaki	JPN	160184	1	Wajima	12.04.09
3:40:33	Zhao Chengliang	CHN	010684	1	Jinan	26.10.09
3:41:55	Wang Hao	CHN	160889	2	Jinan	26.10.09
3:44:15	Si Tianfeng	CHN	170684	3	Jinan	26.10.09
3:44:59	Li Jianbo	CHN	141186	4	Jinan	26.10.09
3:48:52	Xu Faguang	CHN	170587	11	Berlin	21.08.09
3:49:12	Koichiro Morioka	JPN	020485	2	Wajima	12.04.09
3:52:22	Takayuki Tanii	JPN	140283	3	Wajima	12.04.09
3:52:38	Li Lei	CHN	291187	1	Huhehaote	21.06.09
3:53:00	Wang Zhen	CHN	241292	6	Jinan	26.10.09

## 4x100 Metres (Limit : 41.99)

38.30	National Team	JPN		4	Berlin	22.08.09
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## Asian Athletics Ranking 2009

39.07		Eriguchi,M. - Tsukahara,N. - Takahira,S. - Fujimitsu,K. National Team	CHN	2	Guangzhou	14.11.09
39.31		Guo Fan - Liang Jiahong - Su Bingtian - Zhang Peimeng National Team	TPE	1	Hongkong	13.12.09
39.34		Tu Chia-Lin - Liu Yuan-Kai - Tsai Meng-Lin - Yi Wei-Chen National Team	THA	1	Vientiane	17.12.09
39.58		Chimdee,S. - Sondee,W. - SuwannarangsriS. Suwonprateep,S. National Team	IND	5	Guangzhou	14.11.09
39.73	NR	Nagaraj,G.B. - Suresh,S. - Min,S. - Qureshi,A.N. National Team	HKG	6	Jinan	26.10.09
39.82	NR	Yip Siu Keung - Tsui Chi Ho - Wong Ka Chun - Lai Chun Ho National Team	SIN	2	Vientiane	17.12.09
39.86		Yeo Foo Ee,G. - Mustapha,M. - Lee Cheng Wei - Jamal,M.A. National Team	KOR	6	Guangzhou	14.11.09
40.09		Kim Kuk-Young - Jeon Duk-Hyung - Yeo Ho-Su-Ah - Lim Hee-Nam National Team	KSA	1	Damascus	07.10.09
40.16		Al-Kahes,Y.S. - Al-Fardan,A.M. - Al-Nassiri,Y.B. -Al-Moualed,A. National Team	INA	3	Vientiane	17.12.09
		Fadlin,M. - Cahyo,A.D. - Lumin,F. - Wibowo,S.A.				

### 4x400 Metres (Limit: 3:19.99)

3:04.13		National Team	JPN	1	Guangzhou	14.11.09
		Fujimitsu,K. - Narisako,K. - Hirose,H. - Kanemaru,Y.				
3:05.38		National Team	CHN	2	Osaka	09.05.09
		Cui Haojing - Wang Youxin - Zhu Zhi - Liu Xiaosheng				
3:06.63		Nat.Police Team	KSA	1	Riyadh	12.05.09
		Al-Bishi,H.A. - Al-Salhi,M. - Al-Masrahi,Y. - Al-Sabyani,I.				
3:06.83		National Team	IND	3	Guangzhou	14.11.09
		Singh,Harpreet - Mathew,Bibin - Bineesh,V.B. - Mortaja,S.				
3:07.99		National Team	SRI	5	Guangzhou	14.11.09
		Wickramesinghe,U.G. - Pushpakumara,R. - Seneviratne,K. - Amarasekara,P.				
3:08.40		National Team	THA	1	Vientiane	14.12.09
		Phocharoen,J. - Ruckburee,C. - Phachsay,S. - Chimdee,S.				
3:08.95		Naft Tehran Team	IRI	1	Tehran	17.07.09
		Akefian,M. - Mohajershojaei,E. - Rajabi,P. - Hashemi,S.				
3:09.21	NR	National Team	UAE	2	Qatif	01.05.09
		Shirook,A.O. - Juma,J.S. - Abdelkarim,S.M. - Khamis,H.H.				
3:10.08		National Team	IRQ	4	Damascus	09.10.09
		Al-Ayman,J. - Abdelzahra,M. - Maasab,T. - Hassan,M.				
3:10.19		National Team	MAS	2	Vientiane	14.12.09
		Zuslaini,M.Z. - Zakaria,I. - Yuvaaraj,P. - Abidin,Z.Z.				

## W O M E N      E v e n t s

### 100 m / automatic timing

11.24	+1.9	NR	Chisato Fukushima	JPN	270688	1	Tottori	07.06.09
11.31	+1.0		Guzel Khubbieva	UZB	020576	1rA	Suzhou	23.05.09



## Asian Athletics Ranking 2009

11.32	+1.9	Momoko Takahashi	JPN	161188	2	Tottori	07.06.09
<b>11.34</b>	NR	Vu Thi Huong	VIE	071086	1	Vientiane	13.12.09
11.43	+0.6	Wang Jing	CHN	260388	1	Zhengzhou	05.09.09
11.49	-0.1	Rakia Al-Gasara	BRN	060982	3h3	Berlin	16.08.09
11.50	+1.0	Mayumi Watanabe	JPN	060683	2	Hiroshima	28.06.09
11.50	-0.3	Chen Jue	CHN	230388	1h2	Jinan	21.10.09
11.50	-0.6	Jiang Lan	CHN	270689	1	Jinan	22.10.09
11.54	+1.2	Tao Yujia	CHN	160287	7	Shanghai	20.09.09

### 200 m / automatic timing

23.00	+1.7	NR	Chisato Fukushima	JPN	270688	1	Hiroshima	26.06.09
23.15	+1.5		Momoko Takahashi	JPN	161188	2	Fukuroi	03.05.09
<b>23.26</b>	+0.5		Rakia Al-Gasara	BRN	060982	6s1	Berlin	20.08.09
23.31			Vu Thi Huong	VIE	071086	1	Vientiane	16.12.09
23.45	-0.6		Chen Jue	CHN	230388	1	Jinan	25.10.09
23.48	-0.6		Jiang Lan	CHN	270689	2	Jinan	25.10.09
23.61	0.0		Guzel Khubbieva	UZB	020576	5h6	Berlin	19.08.09
23.61			Orranut Klomdee	THA	010680	1	Trang	12.09.09
23.61	+1.9		Mayumi Watanabe	JPN	060683	1	Okayama	26.09.09
23.65	+1.3		Lai Weijie	CHN	260388	1h1	Zhengzhou	06.09.09

### 400 m / automatic timing

52.10			Asami Tanno	JPN	250985	3	Osaka	09.05.09
<b>52.23</b>			Huang Xiaoxiao	CHN	030383	1	Jinan	22.10.09
52.68			Marina Maslenko	KAZ	030782	1	Kunshan	27.05.09
52.74			Manjeet Kaur	IND	040482	1	Chennai	24.10.09
52.96			Chen Lin (II)	CHN	290891	2	Jinan	22.10.09
52.97			Zhao Yanmin	CHN	260191	1	Yichun	27.06.09
53.02			Mandeep Kaur	IND	190488	2	Chennai	24.10.09
53.06			Tang Xiaoyin	CHN	290485	1	Suzhou	22.05.09
53.10			Chen Jingwen	CHN	080290	3	Jinan	22.10.09
53.20			Tintu Luka	IND	260489	1	Chennai	29.12.09

### 800 m

1:59.98			Maryam Yusuf Jamal	BRN	160984	1	Hengelo	01.06.09
<b>2:01.92</b>			Tintu Luka	IND	260489	1	Chennai	28.12.09
2:02.64			Asami Tanno	JPN	250985	1	Niigata	04.10.09
2:02.74			Truong Thanh Hang	VIE	010586	1	Vientiane	14.12.09
2:02.80			Ruriko Kubo	JPN	230189	2	Niigata	04.10.09
2:02.83			Margarita Matsko	KAZ	040186	1	Kunshan	27.05.09
2:03.00			Zhou Haiyan	CHN	030190	1	Jinan	26.10.09
2:03.37			Ayako Jinnouchi	JPN	210187	2	Okayama	26.09.09
2:03.71			Akari Kishikawa	JPN	130985	3	Niigata	04.10.09
2:03.91			Liu Qing	CHN	280486	3	Kunshan	27.05.09

### 1500 m

3:56.55			Maryam Yusuf Jamal	BRN	160984	1	Roma	10.07.09
4:04.36			Mimi Belete	BRN	090688	6	Athinai	13.07.09
<b>4:10.79</b>			Mika Yoshikawa	JPN	160984	2	Osaka	09.05.09





## Asian Athletics Ranking 2009

4:12.11	Li Yong	CHN	180688	11	Shanghai	20.09.09
4:12.46	Xue Fei	CHN	080889	1rA	Suzhou	21.05.09
4:13.32	Zhou Haiyan	CHN	030190	2rA	Suzhou	21.05.09
4:14.61	Liu Fang	CHN	250290	3rA	Suzhou	21.05.09
4:14.68	Su Qian	CHN	041188	4rA	Suzhou	21.05.09
4:15.06	Sun Lamei	CHN	040190	1	Changsha	20.08.09
4:15.59	Zhao Jong	CHN	090788	12	Shanghai	20.09.09

### 3000 m

9:04.56	Kayo Sugihara	JPN	240283	2	Fukuroi	06.09.09
9:05.24	Chisa Nishio	JPN	251183	3	Fukuroi	03.05.09
9:06.44	Nanaka Izawa	JPN	130491	4	Fukuroi	06.09.09
9:09.75	Moe Kyuma	JPN	201293	1	Nara	21.06.09
9:09.85	Ai Igarashi	JPN	251088	1	Kyoto	05.07.09
9:10.69	Ayaka Mori	JPN	090990	2	Kushiro	11.07.09
9:10.70	Mika Yoshikawa	JPN	160984	1	Kobe	26.04.09
9:11.32	Yurika Nakamura	JPN	010486	3	Kushiro	11.07.09
9:11.90	Misaki Katsumata	JPN	261285	1	Tokyo	21.09.09
9:11.92	Yuka Kakimi	JPN	040486	2	Tokyo	21.09.09

### 5000 m

*(mx = in mixed races)*

15:11.72	Xue Fei	CHN	080889	1	Jinan	21.10.09
15:12.44	Yuriko Kobayashi	JPN	121288	11	Berlin	22.08.09
15:13.01	Yurika Nakamura	JPN	010486	12	Berlin	22.08.09
15:13.30	Zhang Xin	CHN	080689	2	Jinan	21.10.09
15:16.57	Zhu Yingying	CHN	180888	3	Jinan	21.10.09
15:23.27	Hitomi Niiya	JPN	260288	1	Hiroshima	29.04.09
15:23.44	Kayoko Fukushi	JPN	250382	1-mx	Abashiri	20.07.09
15:27.07	Jia Chaofeng	CHN	161188	4	Jinan	21.10.09
15:29.38	Noriko Matsuoka	JPN	020579	6	Hiroshima	27.06.09
15:29.62	Zhu Yanmei	CHN	010488	5	Jinan	21.10.09

### 10000 m

*(mx = in mixed races; sh = slightly short distance)*

31:14.39-sh (& 32:13.89)	Yurika Nakamura	JPN	010486	7 2	Berlin Kobe	15.08.09 26.04.09)
31:17.62	Bai Xue	CHN	131288	1	Jinan	26.10.09
31:23.49	Kayoko Fukushi	JPN	250382	9	Berlin	15.08.09
31:44.28	Zhu Yingying	CHN	180888	2	Jinan	26.10.09
31:45.67	Jia Chaofeng	CHN	161188	3	Jinan	26.10.09
31:57.44	Yukiko Akaba	JPN	181079	1	Hiroshima	25.06.09
31:59.93	Zhou Chunxiu	CHN	151178	4	Jinan	26.10.09
32:01.80	Yukari Sahaku	JPN	051188	2	Hiroshima	25.06.09
32:04.26	Mari Ozaki	JPN	160775	4	Hiroshima	25.06.09
32:06.07	Hiromi Ominami	JPN	151175	1-mx	Abashiri	20.07.09



# Asian Athletics Ranking 2009

## Marathon

2:23:42	Yoko Shibui	JPN	140379	1	Osaka	25.01.09
2:25:10	Kiyoko Shimahara	JPN	221276	1	Sapporo	30.08.09
2:25:15	Bai Xue	CHN	131288	1	Berlin	23.08.09
2:25:25	Yoshimi Ozaki	JPN	010781	2	Berlin	23.08.09
2:25:38	Mizuho Nasukawa	JPN	221179	1	Tokyo	22.03.09
2:25:39	Zhou Chunxiu	CHN	151178	4	Berlin	23.08.09
2:25:40	Yukiko Akaba	JPN	181079	2	Osaka	25.01.09
2:26:08	Zhu Xiaolin	CHN	200284	5	Berlin	23.08.09
2:26:29	Tomo Morimoto	JPN	271283	8	London	26.04.09
2:26:57	Yumiko Hara	JPN	090182	3	Osaka	25.01.09

## 3000 m Steeple

9:39.28	Minori Hayakari	JPN	291172	10h1	Berlin	15.08.09
9:53.16	Jin Yuan	CHN	110288	1	Suzhou	22.05.09
9:53.87	Yoshika Tatsumi	JPN	260282	1	Sapporo	06.06.09
9:59.14	Li Zhenzhu	CHN	131285	2	Suzhou	22.05.09
<b>9:59.17</b>	Fang Xiaoyu	CHN	060387	3	Suzhou	22.05.09
10:05.52	Chisa Nishio	JPN	251183	3	Hiroshima	29.04.09
10:09.38	Chen Xiaofang	CHN	281081	4	Suzhou	22.05.09
10:10.77	NR Sudha Singh	IND	250686	2	Guangzhou	12.11.09
10:14.60	Zhao Yanni	CHN	271186	1	Jinan	04.07.09
10:15.88	Ding Changqiu	CHN	271191	3	Zhaoqing	11.04.09

## 100 m H / automatic timing

13.05	+1.9	Asuka Terada	JPN	140190	1	Hiroshima	26.06.09
13.11	+1.3	Nataliya Ivoninskaya	KAZ	220285	1	Kunshan	27.05.09
13.12	+0.5	Sun Yawei	CHN	171087	1h2	Jinan	21.10.09
13.15	+1.9	Mami Ishino	JPN	100183	2	Hiroshima	26.06.09
13.15	-0.7	Liu Jing	CHN	080877	1	Jinan	22.10.09
13.23	+1.3 NR	Dedeh Erawati	INA	250579	3	Kunshan	27.05.09
13.26	+1.9	Rena Joshita	JPN	020486	3	Hiroshima	26.06.09
13.26	+1.1	Lee Yeon-Kyong	KOR	150481	1	Krupka	31.07.09
<b>13.28</b>	+0.7	Wang Li (II)	CHN	240889	2	Suzhou	22.05.09
13.34	+1.8 NR	Fatmata Fofanah	BRN	260685	3	Cork	04.07.09

## 400 m H / automatic timing

55.40	Huang Xiaoxiao	CHN	030383	4s1	Berlin	18.08.09
56.03	Wang Xing	CHN	301186	2	Jinan	05.07.09
56.34	Satomi Kubokura	JPN	270482	1	Niigata	03.10.09
56.73	Pa Amei	CHN	121289	2	Jinan	25.10.09
56.76	Norasheela Mohd Khalid	MAS	270979	3	Stellenbosch	14.03.09
56.83	Yang Qi	CHN	130491	3	Jinan	25.10.09
56.98	Zhang Rongrong	CHN	270184	4	Jinan	25.10.09
57.37	Ruan Zhuofen	CHN	210185	1h2	Jinan	24.10.09
<b>57.44</b>	Tatyana Azarova	KAZ	021285	1	Almaty	14.06.09
57.50	Deng Xiaoqing	CHN	130689	1	Jiaying	14.06.09



## Asian Athletics Ranking 2009

### High Jump

1.99	AsR	Marina Aitova	KAZ	130982	1	Athinai	13.07.09
1.95		Nadiya Dusanova	UZB	171187	1	Suzhou	23.05.09
1.95		Zheng Xingjuan	CHN	200389	1	Jinan	25.10.09
1.94	NR	Noengruthai Chaipetch	THA	011282	1	Vientiane	14.12.09
1.93		Yekaterina Yevseyeva	KAZ	220688	2	Suzhou	23.05.09
1.91		Svetlana Radzivil	UZB	170187	3	Suzhou	23.05.09
1.88		Tatyana Efimenko	KGZ	020181	2	Kunshan	27.05.09
1.88		Gu Xuan	CHN	191187	2=	Jinan	25.10.09
1.88		Qiao Yanrui	CHN	290988	2=	Jinan	25.10.09
1.88		Wanida Boonwan	THA	300886	2	Vientiane	14.12.09

### Pole Vault

4.40		Gao Shuying	CHN	281079	2	Chula Vista	02.05.09
4.40		Li Ling	CHN	060789	Q	Berlin	15.08.09
4.40		Li Caixia	CHN	230887	6	Shanghai	20.09.09
4.40		Wu Sha	CHN	211087	1	Jinan	24.10.09
4.35	NR	Lim Eun-Ji	KOR	020489	1	Andong	22.04.09
4.35		Takayo Kondo	JPN	171175	1	Hiroshima	25.06.09
4.35		Roslinda Samsu	MAS	090682	1	Kuala Lumpur	02.08.09
4.30		Zhao Yingying	CHN	150286	1	Jinan	04.07.09
4.30		Zhang Yingning	CHN	060190	4	Jinan	24.10.09
4.22		Tomomi Abiko	JPN	170388	1	Tokyo	04.09.09

### Long Jump

6.76	-0.2	NR Jung Soon-Ok	KOR	230483	1	Daegu	04.06.09
6.74	+1.0	Lu Minjia	CHN	291292	1	Jinan	23.10.09
6.68		NR Marestella Torres	PHI	200281	1	Vientiane	16.12.09
6.65	+1.4	Sachiko Masumi	JPN	201284	1	Hiroshima	28.06.09
6.58	+0.6	Chen Yaling	CHN	240484	2	Jinan	23.10.09
6.49	+1.2	Kumiko Imura	JPN	100181	3	Osaka	09.05.09
<b>6.49</b>		Yuliya Tarasova	UZB	130386	1	Tashkent	-26.09.09
6.47	+1.4	Yoshimi Sato	JPN	251287	2	Fukuoka	25.04.09
6.43	+0.3	Yao Jiajia	CHN	070488	3	Jinan	23.10.09
6.42	+1.6	Olga Rypakova*	KAZ	301184	2	Bursa	10.06.09

### Triple Jump

14.62	+0.5	Xie Limei	CHN	270686	Q	Berlin	15.08.09
14.53	+0.2	Olga Rypakova*	KAZ	301184	1	Guangzhou	11.11.09
14.11	-0.2	Chen Yufei	CHN	260189	1	Jinan	25.10.09
14.11	+2.0	Xu Tingting	CHN	120789	2	Guangzhou	11.11.09
14.09	-0.6	Liu Yanan	CHN	180187	5	Shanghai	20.09.09
14.08		NR Thitima Muangjan	THA	130483	1	Vientiane	14.12.09
13.99	+1.5	Irina Litvinenko	KAZ	080187	3	Guangzhou	11.11.09
13.94	+1.1	Aleksandra Kotlyarova	UZB	101088	4	Guangzhou	11.11.09
13.74	+1.3	Li Yanmei	CHN	060290	2	Zhaoqing	11.04.09
13.74		Valeriya Kanatova	UZB	290892	2	Tashkent	-26.09.09



## Asian Athletics Ranking 2009

### Shot Put

20.35	Gong Lijiao	CHN	240189	1	Jinan	21.10.09
19.38	Li Meiju	CHN	031081	2	Jinan	21.10.09
18.97	Li Ling	CHN	070285	3	Jinan	21.10.09
18.69	Liu Xiangrong	CHN	060688	3	Suzhou	21.05.09
17.90	NR Leyla Rajabi	IRI	180483	1	Tehran	13.05.09
17.67	Zhang Qiang	CHN	140287	5	Jinan	21.10.09
17.52	Meng Qianqian	CHN	060191	6	Jinan	21.10.09
17.30	Ma Qiao	CHN	280989	7	Jinan	21.10.09
17.12	Zhang Guirong	SIN	050278	1	Vientiane	17.12.09
17.10	Yang Yanbo	CHN	090390	2	Jiaxing	12.06.09

### Discus Throw

66.40	Li Yanfeng	CHN	150579	1	Jinan	22.10.09
65.44	Song Aimin	CHN	150378	2	Jinan	22.10.09
63.63	Ma Xuejun	CHN	260385	2	Guangzhou	13.11.09
61.02	Xu Shaoyang	CHN	090283	Q	Berlin	19.08.09
60.78	Krishna Poonia	IND	050582	1	London	01.08.09
60.26	Jiang Fengjing	CHN	280887	5	Jinan	22.10.09
60.21	Sun Taifeng	CHN	260882	1	Jiaxing	13.06.09
60.01	Yang Yanbo	CHN	090390	5	Suzhou	21.05.09
59.85	Seema Antil	IND	270783	Q	Berlin	19.08.09
58.71	Harwant Kaur	IND	050780	1	Chennai	21.10.09

### Hammer Throw

74.25	Zhang Wenxiu	CHN	220386	1	Jinan	21.10.09
67.63	Hao Shuai	CHN	190787	2	Jinan	21.10.09
67.06	Wang Zheng	CHN	141287	1	Hongkong	12.12.09
65.04	Yuka Murofushi	JPN	110277	1	Toyota	13.06.09
64.57	Yang Youyu	CHN	140985	2	Suzhou	21.05.09
64.38	Liao Xiaoyan	CHN	080187	4	Jinan	03.07.09
<b>64.32</b>	Yang Meiping	CHN	231081	4	Jinan	21.10.09
63.53	NR Kang Na-Ru	KOR	250483	1	Daejeon	20.10.09
63.43	NR Galina Mityayeva	TJK	290491	1	Dushanbe	20.06.09
62.76	Masumi Aya	JPN	010180	1	Haruno	29.08.09

### Javelin Throw

60.84	Yuki Ebihara	JPN	281085	1	Tama	11.04.09
60.65	Liu Chunhua	CHN	011086	1	Jinan	23.10.09
59.94	Zhang Li (II)	CHN	170189	2	Jinan	23.10.09
58.99	Ma Ning	CHN	041183	3	Jinan	23.10.09
58.08	Zhang Ying	CHN	050188	4	Jinan	23.10.09
57.82	Li Lingwei	CHN	260189	2	Jinan	05.07.09
57.70	Kim Kyong-Ae	KOR	050388	1	Kwangju	30.10.09
57.09	Chang Chunfeng	CHN	040588	5	Jinan	23.10.09
56.99	Suh Hae-An	KOR	010785	2	Kwangju	30.10.09
56.83	Fu Lin	CHN	210289	2	Suzhou	22.05.09



## Asian Athletics Ranking 2009

### Heptathlon

5989	Yuliya Tarasova	UZB	130386	3	Desenzano del G.	10.05.09
						13.85-1.75-13.65-24.39/6.35-41.20-2:28.75
5802	Yuki Nakata	JPN	100377	1	Hiroshima	28.06.09
						13.75-1.72-11.33-25.08/6.08-41.80-2:18.99
5689	Mei Yiduo	CHN	270391	1	Jinan	22.10.09
						14.08-1.72-13.83-25.99/5.75-43.76-2:25.67
5668	Liu Haili	CHN	241284	2	Jinan	22.10.09
						13.87-1.69-13.03-25.62/5.84-38.01-2:18.88
<b>5644</b>	Amornrat Winatho*	THA	300680	1	Vientiane	17.12.09
						<b>13.89-1.73-11.66-24.86/5.84-38.63-2:23.40</b>
5366	Sushmita Singha Roy	IND	260384	18	Desenzano del G.	10.05.09
						14.42-1.69-11.21-24.98/5.88-39.17-2:34.10
5363	Sun Lu	CHN	190288	3	Jinan	22.10.09
						13.89-1.72-10.82-25.45/5.78-35.66-2:29.92
5350	Minori Ito	JPN	220784	2	Hiroshima	28.06.09
						14.16-1.60-11.16-25.17/5.59-44.52-2:29.36
5330	G.Pramila Ganapathy	IND	080577	1	Bhopal	09.10.09
						14.31-1.68-11.84-25.50/5.95-37.27-2:35.67
5320	Yin Li	CHN	190790	4	Jinan	22.10.09
						14.54-1.63-10.81-25.75/5.79-36.41-2:17.40

### 10 km Road / 10000 m Track Walk

(+ = intermediate times during 20 km)

43:07.62 t	NR	Mayumi Kawasaki	JPN	100580	1	Niigata	05.10.09
44:03.07 t		Kumi Otoshi	JPN	290785	2	Niigata	05.10.09
44:32+		Sachiko Konishi	JPN	040282	-	Kobe	25.01.09
44:34+		Masumi Fuchise	JPN	020986	-	Kobe	25.01.09
44:47.94 t	NR	Kim Sun-Young	KOR	240588	1	Goseong	30.06.09
45:26+		Liu Hong	CHN	120587	-	La Coruna	20.06.09
45:29+		Li Yanfei	CHN	120190	-	Nomi	15.03.09
45:29+		Yang Sha	CHN	160186	-	Nomi	15.03.09
45:41.80 t		Kumiko Okada	JPN	171091	3	Niigata	05.10.09
45:47.86 t		Rei Inoue	JPN	230791	4	Niigata	05.10.09

### 20 km Road / 20000 m Track Walk

1:28:03		Masumi Fuchise	JPN	020986	1	Kobe	25.01.09
1:28:11		Liu Hong	CHN	120587	1	Jinan	24.10.09
1:28:49		Mayumi Kawasaki	JPN	100580	2	Kobe	25.01.09
1:28:56		Jiang Jing	CHN	231085	2	Wuxi	18.04.09
1:28:57		Li Yanfei	CHN	120190	2	Jinan	24.10.09
1:29:17		Bo Yanmin	CHN	290687	3	Jinan	24.10.09
1:29:39		Sachiko Konishi	JPN	040282	3	Kobe	25.01.09
1:29:54		Wang Shanshan	CHN	160687	4	Jinan	24.10.09
1:30:05		Yang Yawei	CHN	161083	4	Wuxi	18.04.09
1:31:02		Yang Mingxia	CHN	130190	1j	Wuxi	18.04.09

### 4x100 Metres (Limit: 49.99)



## Asian Athletics Ranking 2009

43.58	NR	National Team	JPN	1	Osaka	09.05.09
		Kitakaze,S. - Fukushima,C. - Watanabe,M. - Takahashi,M.				
44.05		National Team	THA	1	Hongkong	30.05.09
		Jaksunin,S. - Klomdee,O. - Wannakit,T. - Sanrat,N.				
44.32		Guangxi Team	CHN	1	Jinan	26.10.09
		Huang Qiuju - Liang Qiuping - Han Ling - He Ying				
44.82	NR	National Team	VIE	2	Vientiane	17.12.09
		Le Thi Mong Tuyen - Le Ngoc Phuong – Nguyen Thi Ngoc Tham - Vu Thi Huong				
45.32	NR	National Team	INA	3	Vientiane	17.12.09
		Joseph,I.T. - Utami,T.S. - Unami,S.A. - Erawati,D.				
45.33	NR	Club Team	KOR	1	Daejeon	22.10.09
		Jung Soon-Ok - Kim Tae-Kyong - Kim Ha-Na - Kim Cho-Rong				
45.65		National Team	IND	3	Suzhou	23.05.09
		Gayathri,G. - Singh,Nidhi - Sowjanya,K. - Jyothi,H.M.				
45.69		National Team	MAS	4	Vientiane	17.12.09
		Jamaluddin,N.H. - Yee Yi Ling - Manging,C. - Abdul Kadir,N.S.				
45.71	NR	National Team	HKG	3	Hongkong	13.12.09
		Hui Man Ling - Leung Haus Sze - Wan Kin Yee - Chan Ho Yee				
45.78		National Team	UZB	1	Bishkek	06.06.09
		Kadirova,Z. - Zhichkina,Y. - Shahvorostova,L. - Kosheleva,O.				

### 4x400 Metres (Limit: 4:07.99)

3:30.63		Guangdong Team	CHN	1	Jinan	26.10.09
		Chen Yanmei - Tang Xioayin - Qiu Jiehui - Chen Jingwen				
3:31.62		National Team	IND	2	Guangzhou	14.11.09
		Kaur,Mandeep - Jose,Sini - Soman,Chitra - Kaur,Manjeet				
3:31.95		National Team	JPN	3	Guangzhou	14.11.09
		Kubokura,S. - Watanabe,M. - Sato,M. - Tanno,A.				
3:32.75		National Team	KAZ	1	Bangkok	29.04.09
		Gavryushenko,A.. - Matsko,M. - Kudinova,A. - Maslenko,M.				
3:38.51		National Team	THA	1	Vientiane	14.12.09
		Kaewchuay,S. - Srimuang,K. - Yongphan,T. - Winatho,A.				
3:43.04		Club Team	KOR	1	Taebaek	13.08.09
		Kim Ha-Na - Kim Nam-Mi - Kim Hee-Kyong - Choi Ju-Young				
3:43.29		National Team	MYA	2	Vientiane	14.12.09
		Lai Lai Win - Aye Aye Than - Yin Yin Khine - Kay Khine Lwin				
3:47.39		National Team	IRQ	2	Damascus	09.10.09
		Mahmoud,K. - Abdulrazzak,D. - Khazal,I. - Hikmat,A.				
3:48.70		Changhua County Team	TPE	1	Taichung	28.10.09
		Chen Hsiao-Ni - Yen Tai-Ting - Chen Yun-Ju - Lin Pei-Shih				
3:49.08		National Team	UZB	1	Bishkek	07.06.09
		Tairova,Z. - Sidorova,A. - Kadyrova,I. - Asanova,N.				