



# Asian Athletics Ranking 2010

## M E N e v e n t s

### 100 m / automatic timing

10.16	+1.8	Masashi Eriguchi	JPN	171288	1h4	Marugame	05.06.10
10.21	+1.2	Lao Yi	CHN	101085	1	Chongqing	26.06.10
10.23	+2.0 NR	Kim Kuk-Young	KOR	190491	1s1	Daegu	07.06.10
10.25	+0.6	Samuel Francis	QAT	270387	2	Warszawa	08.06.10
10.25	-0.5	Femi Seun Ogunode	QAT	150591	1	Aleppo	18.09.10
10.26	+0.8 NR	Barakat M. Al-Harathi	OMA	150688	1h5	Guangzhou	21.11.10
10.26	+1.7	Yasir Belghith Al-Nashiri	KSA	100287	2	Guangzhou	22.11.10
10.28	+1.3 NR	Tsui Chi Ho	HKG	170290	1	Hongkong	16.05.10
10.28	+1.2	Li Yong	CHN	090587	2	Chongqing	26.06.10
10.28	+0.9	Shintaro Kimura	JPN	300687	1r2	Tottori	27.06.10

### wind-aided

10.16	+2.6	Samuel Francis	QAT	270387	5h2	Doha	14.05.10
10.17	+4.9	Kim Kuk-Young	KOR	190491	1	Youngkwang	20.04.10
10.18	+4.9	Yeo Ho-Su-Ah	KOR	050487	2	Youngkwang	20.04.10
10.19	+4.9	Jeon Duk-Hyung	KOR	080884	3	Youngkwang	20.04.10
10.22	+3.7	Shota Iizuka	JPN	250691	1	Shizuoka	18.04.10
10.24	+3.1	Shintaro Kimura	JPN	300687	1h1	Tottori	27.06.10
10.28	+3.7	Yusuke Kotani	JPN	230989	1	Hiratsuka	20.06.10

### 200 m / automatic timing

20.38	+1.2	Kenji Fujimitsu	JPN	010586	1	Marugame	05.06.10
20.43	+1.4	Femi Seun Ogunode	QAT	150591	1	Guangzhou	25.11.10
20.58	-0.6	Shota Iizuka	JPN	250691	1h2	Fukuroi	03.05.10
20.63	+1.0 NR	Omar Jouma Al-Salfa	UAE	151089	1h2	Guangzhou	24.11.10
20.65	+1.7	Jeon Duk-Hyung	KOR	080884	1	Daegu	08.06.10
20.74	+1.2	Mitsuhiro Abiko	JPN	251088	2	Marugame	05.06.10
20.74	+1.0	Lu Shangbin	CHN	260393	1	Chongqing	27.06.10
20.78	-0.6	Mitsuru Hasegawa	JPN	120684	2h2	Fukuroi	03.05.10
20.78	0.0	Shinji Takahira	JPN	180784	3	Osaka	08.05.10
20.80	-0.9	Suphachai Chimdee	THA	050191	1	Hanoi	04.07.10

### wind-aided

20.52	+3.8	Yuichi Kobayashi	JPN	250889	1	Tokyo	12.09.10
20.74	+3.8	Kei Takase	JPN	251188	3	Tokyo	12.09.10

### 400 m / automatic timing

45.12		Femi Seun Ogunode	QAT	150591	1	Guangzhou	22.11.10
45.32		Yuzo Kanemaru	JPN	180987	2	Guangzhou	22.11.10
45.48		Youssef Ahmed Al-Masrahi	KSA	311287	1h3	Guangzhou	21.11.10
45.63		Park Bong-Ko	KOR	080591	1	Daegu	07.06.10
45.98		Chang Pengben	CHN	010888	1	Jinan	06.08.10
46.03		Yusuke Ishitsuka	JPN	190687	2	Marugame	06.06.10
46.05		Hideyuki Hirose	JPN	200789	3	Marugame	06.06.10
46.24		Lee Sang-Chon	KOR	060990	1	Changwon	10.05.10
46.25		Akihiro Urano	JPN	170890	1rB	Fukuroi	03.05.10



## Asian Athletics Ranking 2010

46.25      Ismail Moh. Al-Sabyani      KSA      250489      1h1      Guangzhou      21.11.10

### 800 m

1:44.80		Bilal Mansour Ali	BRN	171088	1	Villeneuve d´A.	24.08.10
1:45.45		Sajjad Moradi	IRI	300383	1	Guangzhou	25.11.10
1:45.88	NR	Adnan Taees Akkar	IRQ	240380	2	Guangzhou	25.11.10
1:46.17		Mohamed Obeid Al-Salhi	KSA	110586	3	Aleppo	16.10.10
1:46.18		Masato Yokota	JPN	191187	1	Niigata	11.10.10
1:46.19		Abdulrahman Musaeb Balla	QAT	190389	3	Guangzhou	25.11.10
1:46.26		Dimri Pankaj	IND	030390	1	Patiala	06.08.10
1:46.52		Takanori Matsumoto	JPN	120486	2	Niigata	11.10.10
1:46.76		Mohamed Al-Garni	QAT	020792	2	Aachen	29.05.10
1:46.77		Francis P. Sagayaraj	IND	010383	2	Patiala	06.08.10

### 1500 m

3:33.06		Youssef Saad Kamel	BRN	290383	4	Rieti	29.08.10
3:34.45		Moh.Othman H. Shahween	KSA	150286	3	Rabat	06.06.10
3:34.98		Bilal Mansour Ali	BRN	171088	4	Rabat	06.06.10
3:36.15		Ali Abubaker Kamal	QAT	081183	1	Doha	28.04.10
3:36.32		Mohamed Al-Garni	QAT	020792	1	Cuxhaven	09.06.10
3:37.09	NR	Sajjad Moradi	IRI	300383	2	Guangzhou	23.11.10
3:37.21		Imed Hamed Moh. Nour	KSA	210490	12	Rabat	06.06.10
3:39.52		Yuichiro Ueno	JPN	290785	5	Kessel-Lo	14.08.10
3:40.78	NR	Chaminda Indika Wijekoon	SRI	150981	2h1	New Delhi	11.10.10
3:41.67		Zhang Haikun	CHN	120389	5	Guangzhou	23.11.10

### 5000 m

13:00.31		Saif Saeed Shaheen	QAT	151082	11	Oslo	04.06.10
13:08.95		Essa Ismail Rasheed	QAT	141286	5	Doha	14.05.10
13:18.97		Abdullah Ahmad Hassan	QAT	290781	6	Doha	14.05.10
13:21.05		James Kwalia Kurui	QAT	120684	14	Stockholm	06.08.10
13:24.75		Yuichiro Ueno	JPN	290785	5	Fukuroi	03.05.10
13:27.36		Yuki Sato	JPN	261186	9	Heusden	10.07.10
13:30.18		Abd.Abdulaziz Al-Joud	KSA	100775	11	Rabat	06.06.10
13:31.37		Yuta Takahashi	JPN	130487	9	Walnut	16.04.10
13:33.61		Kensuke Takezawa	JPN	111086	4	Kumamoto	10.04.10
13:34.21		Masato Kihara	JPN	130786	3	Stanford	01.05.10

### 10000 m

27:32.72		Bilisuma Shugi Gelassa	BRN	190789	1	Guangzhou	26.11.10
27:33.09		Essa Ismail Rasheed	QAT	141286	2	Guangzhou	26.11.10
27:40.07		Hasan Mahboob Ali	BRN	81	3	Guangzhou	26.11.10
27:50.72		Tomoya Onishi	JPN	280387	5	Niigata	24.09.10
27:52.75		Masato Kihara	JPN	130786	6	Niigata	24.09.10
27:53.55		Yoshinori Oda	JPN	051280	5	Fukuroi	16.10.10
27:55.02		Kensuke Takezawa	JPN	111086	9	Stanford	01.05.10
27:56.29		Takuya Fukatsu	JPN	101187	8	Niigata	24.09.10
27:56.46		Yusuke Takabayashi	JPN	190787	8	Fukuroi	16.10.10



## Asian Athletics Ranking 2010

27:57.53 Takeshi Makabe JPN 030282 11 Stanford 01.05.10

### Marathon

2:09:31	Ji Young-Joon	KOR	151081	2	Daegu	11.04.10
2:09:34	Arata Fujiwara	JPN	120981	1	Ottawa	30.05.10
2:10:07	Tomoyuki Sato	JPN	310181	2	Otsu	07.03.10
2:10:43	Hwang Jun-Hyeun	KOR	250587	6	Seoul	07.11.10
2:10:51	Yukihiro Kitaoka	JPN	021182	4	Otsu	07.03.10
2:10:54	Takayuki Matsumiya	JPN	210280	3	Fukuoka	05.12.10
2:10:59	Jeong Jin-Hyung	KOR	010690	8	Seoul	07.11.10
2:11:00	Naoto Yoneda	JPN	060181	5	Otsu	07.03.10
2:11:04	Atsushi Ikawa	JPN	131283	4	Oita	07.02.10
2:11:17	Masashi Hayashi	JPN	170779	6	Oita	07.02.10

### 3000 m Steeple

8:09.63	Saif Saeed Shaheen	QAT	151082	6	Zürich	19.08.10
8:17.21	Tarek Mubarak Taher	BRN	240384	4	Stockholm	06.08.10
8:26.27	Kamal Ali Thamer	QAT	121188	2	Guangzhou	23.11.10
8:30.49	Aoi Matsumoto	JPN	070987	1	Niigata	11.10.10
8:34.96	Ali Ahmed Al-Amri	KSA	281287	3	Guangzhou	23.11.10
8:30.96	Hiroyoshi Umegae	JPN	050184	2	Niigata	26.09.10
8:37.05	Tsuyoshi Takeda	JPN	220187	2	Niigata	11.10.10
8:37.71	Masatoshi Kikuchi	JPN	120286	3	Niigata	11.10.10
8:38.20	Zakarya Ali Kamal	QAT	250388	2	Aleppo	19.09.10
8:38.49	Jun Shinoto	JPN	020485	1	Marugame	15.05.10

### 110 m H / automatic timing

13.09	+1.1	Liu Xiang	CHN	130783	1	Guangzhou	24.11.10
13.38	+1.1	Shi Dongpeng	CHN	060184	2	Guangzhou	24.11.10
13.47	+0.4	Xie Wenjun	CHN	110790	2	Jinan	08.08.10
13.48	+1.1 NR	Park Tae-Kyong	KOR	300780	3	Guangzhou	24.11.10
13.58	+1.8	Tasuku Tanonaka	JPN	230978	1	Marugame	05.06.10
13.62	0.0 NR	Fawaz Dahesh Al-Shammari	KUW	030477	1	Bangalore	05.06.10
13.62	+0.4	Huang Hao	CHN	071087	3	Jinan	08.08.10
13.64	0.0	Ji Wei	CHN	050284	1	Chennai	09.06.10
13.65	+0.3	Lee Jung-Joon	KOR	260384	1	Youngkwang	07.09.10
13.66	+1.8	Yuto Aoki	JPN	110784	2	Marugame	05.06.10

### wind-aided

13.60	+2.7	Hideki Omuro	JPN	250790	1	Mito	03.11.10
-------	------	--------------	-----	--------	---	------	----------

### 400 m H / automatic timing

49.01	Kenji Narisako	JPN	250784	1	Marugame	05.06.10
49.42	Takayuki Koike	JPN	121084	3	Osaka	08.05.10
49.46	Takatoshi Abe	JPN	121191	2	Moncton	23.07.10
49.57	Tomoharu Kino	JPN	040889	1	Tokyo	12.09.10
49.63	Naohiro Kawakita	JPN	100780	2	Marugame	05.06.10
49.69	Meng Yan	CHN	300980	1	Jinan	08.08.10



## Asian Athletics Ranking 2010

49.77		Yuta Imazeki	JPN	061187	4	Osaka	08.05.10
49.77		Takayuki Kishimoto	JPN	060590	2	Tokyo	12.09.10
49.83		Yuta Konishi	JPN	310790	1	Osaka	15.08.10
49.89		Cheng Wen	CHN	180392	2	Jinan	08.08.10

### High Jump

2.31	NR	Moataz Essa Barshim	QAT	240691	1	Hanoi	03.07.10
2.28		Rashid Ahmad Al-Mannai	QAT	180688	1	Split	04.09.10
2.27	NR	Lee Hup Wei	MAS	050587	1	Chennai	09.06.10
2.24		Zhao Kuansong	CHN	110286	1	Suzhou	24.04.10
2.24		Wang Chen	CHN	270290	2	Chennai	09.06.10
2.24		Chen Ji	CHN	270190	1	Hefei	13.06.10
2.24		Jin Qichao	CHN	241191	1	Chongqing	26.06.10
2.24		Huang Haiqiang	CHN	080288	2	Chongqing	26.06.10
2.24		Hiromi Takahari	JPN	131187	1	Kawasaki	19.09.10
2.24		Naoto Tobe	JPN	310392	1	Nagoya	17.10.10

### additional Indoor

2.24		Wang Yu	CHN	180891	1	Beijing	07.03.10
------	--	---------	-----	--------	---	---------	----------

### Pole Vault

5.75	NR	Yang Yansheng	CHN	050188	1	Jinan	06.08.10
5.70		Daichi Sawano	JPN	160980	1	Hiroshima	29.04.10
5.50		Hiroki Sasase	JPN	170889	3	Hiroshima	29.04.10
5.50		Hiroki Ogita	JPN	301287	1	Marugame	08.05.10
5.50		Takafumi Suzuki	JPN	250587	1	Marugame	05.06.10
5.50		Yuya Ariake	JPN	270689	1	Marugame	14.08.10
5.45		Yang Quan	CHN	081286	2	Chongqing	27.06.10
5.40		Naoya Kawaguchi	JPN	180687	1	Tokyo	18.07.10
5.35		Xia Xiang	CHN	280391	2=	Jinan	06.08.10
5.35		Lu Yao	CHN	190987	2=	Jinan	06.08.10
5.35		Li Kang	CHN	160787	4	Jinan	06.08.10
5.35		Kim Yoo-Suk	KOR	190182	1	Jinju	08.10.10

### better Indoor

5.50		Kim Yoo-Suk	KOR	190182	1	Jonesboro	26.01.10
------	--	-------------	-----	--------	---	-----------	----------

### Long Jump

8.17	+0.4	Su Xiongfeng	CHN	210387	1	Jinan	07.08.10
8.12	+1.8	Yu Zhenwei	CHN	180386	1	Bangalore	05.06.10
8.12	+1.3	Li Jinzhe	CHN	010989	-	Eugene	03.07.10
8.11	-0.2	Kim Duk-Hyun	KOR	081285	1	Guangzhou	24.11.10
8.10	+1.8	Yohei Sugai	JPN	300885	1	Marugame	05.06.10
8.06	+0.6	Konstantin Safronov	KAZ	020987	2	Bangalore	05.06.10
8.04	+0.4	Yun Zhiming	CHN	091088	1	Zhaoqing	30.05.10
8.04	+1.4	NR Suphanara S. Ayudhaya	THA	110692	3	Bangalore	05.06.10
8.00	+0.2	Moh.Salman Al-Khuwalidi	KSA	190681	1	Aleppo	18.09.10
7.98	+0.6	Zhang Youzhi	CHN	270787	2	Zhaoqing	30.05.10



## Asian Athletics Ranking 2010

### better Indoor

8.27		AsIR Su Xiongfeng	CHN	210387	1	Nanjing	11.03.10
------	--	-------------------	-----	--------	---	---------	----------

### wind-aided

8.29	+3.5	Li Jinzhe	CHN	010989	3	Eugene	03.07.10
8.06	+4.2	Hussein Taher Al-Sabee	KSA	141179	1	Tanger	18.07.10
7.58	+2.1	Theerayut Philakong	THA	270284	6	Pune	01.06.10

### **Triple Jump**

17.07	+0.6	NR	Renjith Maheswary	IND	300186	3	New Delhi	12.10.10
16.94	+1.2		Li Yanxi	CHN	260684	1	Guangzhou	26.11.10
16.93	+0.8		Roman Valiyev	KAZ	270384	2	Bangalore	05.06.10
16.92	+0.6		Wu Bo	CHN	170684	3	Bangalore	05.06.10
16.87	-0.8		Kim Duk-Hyun	KOR	081285	2	Daegu	19.05.10
16.86	+0.2		Dong Bin	CHN	221188	1	Guangzhou	05.09.10
16.86	+1.2		Yevgeniy Ektov	KAZ	010986	2	Guangzhou	26.11.10
16.85	+0.6		Cao Shuo	CHN	081091	1	Suzhou	24.04.10
16.80	0.0	NR	Moh. Abbas Abd.Darwish	UAE	280386	1	Aleppo	20.09.10
16.73	+1.5		Yevgeniy Chetykbayev	KAZ	290388	2	Almaty	19.09.10

### wind-aided

16.96	+2.5		Yevgeniy Ektov	KAZ	010986	1	Shymkent	23.07.10
-------	------	--	----------------	-----	--------	---	----------	----------

### Shot Put

20.57			Sultan Abd. Al-Hebshi	KSA	310185	1	Guangzhou	26.11.10
20.37		NR	Chang Ming-Huang	TPE	070882	1	Athens	28.10.10
19.99			Om Prakash Singh	IND	110187	1	Patiala	08.08.10
19.85			Zhang Jun	CHN	110483	1	Chongqing	27.06.10
19.81			Saurabh Vij	IND	140687	2	Patiala	08.08.10
19.70			Amin Nikfar	IRI	020181	4	Sacramento	29.05.10
19.18			Wang Like	CHN	020489	2	Jinan	05.08.10
19.00			Amir Alvand	IRI	220383	2	Tehran	16.06.10
18.87			Seyed Mehdi Shahrokhi	IRI	230585	3	Tehran	16.06.10
18.86		NR	Hwang In-Sung	KOR	150884	1	Jinju	09.10.10

### better Indoor

19.90			Zhang Jun	CHN	110483	1	Beijing	06.03.10
19.26			Khalid Habash Al-Suwaidi	QAT	101084	1	Schio	30.01.10
19.17			Satyender Kumar Singh	IND	190586	1	Tehran	25.02.10

### unconfirmed irregularity

20.65			Saurabh Vij	IND	140687	1	New Delhi	22.07.10
-------	--	--	-------------	-----	--------	---	-----------	----------

### **Discus Throw**

68.45			Ehsan Hadadi	IRI	210185	1	Tehran	16.06.10
65.41			Mohammad Samimi	IRI	290387	3	Rethymno	07.07.10
64.01			Mahmoud Samimi	IRI	180988	1	Aleppo	20.09.10
63.70			Ahmad Mohamed Dheeb	QAT	290985	1	Bilbao	19.06.10





## Asian Athletics Ranking 2010

63.69	Vikas Gowda	IND	050783	2	New Delhi	10.10.10
60.98	Rasheed Shafi Al-Dosari	QAT	080581	4	Guangzhou	24.11.10
59.55	Anil Kumar Sangwan	IND	200675	1	Szombathely	30.09.10
59.45	Wu Jian	CHN	250586	1	Jinan	06.08.10
58.90	Shigeo Hatakeyama	JPN	090377	1	Marugame	04.06.10
58.47	Haider Nasser Abd.Jabreen	IRQ	130181	4	Aleppo	20.09.10
<b>drugs disqualification</b>						
64.56	Ahmad Mohamed Dheeb	QAT	290985	dq	Guangzhou	24.11.10

### Hammer Throw

80.99	Koji Murofushi	JPN	081074	Q	Rieti	28.08.10
80.11	Dilshod Nazarov	TJK	060582	1	Dushanbe	18.06.10
78.40	Ali Mohamed Al-Zankawi	KUW	270284	1	Castres	20.07.10
72.21	Kaveh Mousavi	IRI	270585	1	Tehran	15.10.10
71.83	Hiroaki Doi	JPN	021278	1	Chiba	26.06.10
71.58	Hiroshi Noguchi	JPN	030583	1	Maebashi	27.06.10
70.95	Masoud Moghaddam	IRI	220588	2	Tehran	15.10.10
70.16	Reza Moghaddam	IRI	171188	2	Tehran	16.06.10
70.03	Lee Yun-Chul	KOR	280382	1	Mokpo	29.07.10
69.06	Wan Yong	CHN	220787	1	Kunshan	15.05.10

### Javelin Throw

83.15	Yukifumi Murakami	JPN	231279	1	Guangzhou	26.11.10
80.89	Jung Sang-Jin	KOR	160484	1	Daegu	08.06.10
80.11	Park Jae-Myong	KOR	151281	2	Daegu	19.05.10
79.80	Zhao Qinggang	CHN	240785	1	Kunshan	16.05.10
79.65	Rinat Tarzumanov	UZB	260384	3	Guangzhou	26.11.10
78.69	NR Cheng Chao-Tsun	TPE	171093	1	Miaoli	15.10.10
78.65	Chen Qi	CHN	100382	2	Kunshan	16.05.10
78.59	Qin Qiang	CHN	180483	1	Jinan	07.08.10
78.57	Genki Dyene	JPN	301291	2	Kitakyushu	03.11.10
78.52	Jiang Xingyu	CHN	160387	2	Jinan	07.08.10

### Decathlon

8026	Dmitriy Karpov	KAZ	230781	1	Guangzhou	25.11.10
					10.92-7.14-16.95-2.03-50.79/15.03-48.61-4.90-53.62-4:57.80	
7930	Keisuke Ushiro	JPN	240786	1	Wakayama	25.04.10
					11.27-6.84-13.41-2.05-50.61/15.16-45.36-4.70-69.49-4:33.94	
7808	Kim Kun-Woo	KOR	290280	2	Guangzhou	25.11.10
					11.05-7.29-13.17-1.91-48.46/15.17-38.16-4.80-52.52-4:13.57	
7755	NR Vu Van Huyen	VIE	080883	3	Guangzhou	25.11.10
					10.76-7.16-11.80-1.97-48.93/15.13-41.36-4.70-55.14-4:30.20	
7646	Yu Bin	CHN	261185	1	Jinan	08.08.10
					11.09-7.40-14.20-1.97-50.55/14.79-41.98-4.60-56.48-5:04.57	
7568	Rifat Artikov	UZB	240183	6	Guangzhou	25.11.10
					11.27-6.33-15.68-2.03-51.03/14.72-44.07-4.70-58.58-5:08.82	
7520	Koki Someya	JPN	180888	1	Tokyo	11.09.10



# Asian Athletics Ranking 2010

7485	11.25-6.90w-12.18-1.90-49.15/14.89-38.35-4.80-57.14-4:36.70	Ryu Murata	JPN	150388	2	Kawasaki	13.06.10
7480	10.99-6.97w-12.35-1.99-50.12/14.68-40.10-4.30-57.09-4:47.85	Akihiko Nakamura	JPN	231090	2	Tokyo	11.09.10
7478	10.86-7.10w-10.73-2.05-47.57/14.26-30.13-4.50-42.06-4:17.53	Zhu Hengjun	CHN	050287	2	Jinan	08.08.10
	11.04-7.03-13.09-1.88-50.13/14.76-41.20-4.70-57.48-5:03.38						

## 20 km Road / 20000 m Track Walk

1:19:36	NR	Kim Hyun-Sub	KOR	310585	1	Jinju	10.10.10
1:20:06		Yusuke Suzuki	JPN	020188	1	Nomi	14.03.10
1:20:12		Isamu Fujisawa	JPN	121087	2	Nomi	14.03.10
1:20:42		Wang Zhen	CHN	241292	3	Rio Maior	10.04.10
1:20:43		Koichiro Morioka	JPN	020485	2	Kobe	31.01.10
1:20:50		Wang Hao	CHN	160889	1	Guangzhou	21.11.10
1:21:08		Li Jianbo	CHN	141186	1	Huangshan	14.03.10
1:21:11		Chu Yafei	CHN	050988	1	La Coruna	19.06.10
1:21:53		Yu Wei	CHN	110987	3	Huangshan	14.03.10
1:21:59		Chen Ding	CHN	050892	6	Rio Maior	10.04.10

## 50 km Road Walk

3:46:56		Yuki Yamazaki	JPN	160184	1	Wajima	17.04.10
3:47:04		Si Tianfeng	CHN	170684	1	Guangzhou	25.11.10
3:47:34		Li Lei	CHN	291187	2	Guangzhou	25.11.10
3:47:41		Koichiro Morioka	JPN	020485	3	Guangzhou	25.11.10
3:47:54		Xu Faguang	CHN	170587	1	Beijing	19.09.10
3:51:37		Du Yunpeng	CHN	060988	2	Huangshan	16.03.10
3:53:24	NR	Lim Jung-Hyun	KOR	080987	4	Guangzhou	25.11.10
3:53:27		Takayuki Tanii	JPN	140283	3	Wajima	17.04.10
3:53:52		Kim Dong-Young	KOR	060380	5	Guangzhou	25.11.10
3:55:35		Zhang Xiaorui	CHN		1	Taicang	09.05.10

## 4x100 Metres

38.54		Chuo University Team	JPN		1	Tokyo	22.05.10
		Hatakeyama,J. - Kawatsura,S. - Kawai,G. - Iizuka,S.					
38.78	NR	National Team	CHN		1	Guangzhou	26.11.10
		Lu Bin - Liang Jiahong - Su Bingtian - Lao Yi					
38.89	NR	National Team	IND		3	New Delhi	12.10.10
		Molla,R. - Sathya,S. - Mon,S. - Qureshi,A.N.					
39.05	NR	National Team	TPE		1	Bangalore	05.06.10
		Wang Wen-Tang - Liu Yuan-Kai - Tsai Meng-Lin - Yi Wei-Chen					
39.09		National Team	THA		3	Guangzhou	26.11.10
		Jankem,P. - Sondee,W. - Meenapra,J.. - Suwonprateep,S.					
39.41	NR	National Team	HKG		2	Hongkong	11.07.10
		Tang Yik Chun - Lai Chun Ho - Ho Man Lok - Tsui Chi Ho					
39.78	NR	National Team	INA		3h2	Guangzhou	23.11.10
		Fadlin,M. - Wibowo,S.A. - Octaviandi,F - Burumi,F.R.					
39.80		National Team	OMA		4	Chennai	09.06.10
		Al-Jabri,F.K. - Al-Merjabi,A. - Al-Sooli,A. - Al-Nofali,Y.					



## Asian Athletics Ranking 2010

39.90	National Team	KSA	4h2	Guangzhou	23.11.10
	Al-Housaoui,M.A. - Al-Nashiri,Y.B.- Habeeb,Y.H. - Sharahili,F.Y.				
40.02	National Team	SRI	1	Dhaka	07.02.10
	Fernando,W.J. - Abeypitiya,S. - Hasaranga,A. - Weerasooriya,S.				

### 4x400 Metres

3:02.30	NR	National Team	KSA	1	Guangzhou	26.11.10
	Al-Sabyani,I. - Al-Salhi,M.O. - Al-Bishi,H.H. - Masrahi,Y.A.					
3:02.43		National Team	JPN	2	Guangzhou	26.11.10
	Ishitsuka,Y. - Fujimitsu,K. - Hirose,H. - Kanemaru,Y.					
3:03.66	NR	National Team	CHN	3	Guangzhou	26.11.10
	Lin Yang - Deng Shijie - Chang Pengben - Liu Xiaosheng					
3:06.30		National Team	IND	4h1	New Delhi	11.10.10
	Kunhu Muhamed,P. - Mathew,B. - Premanand,J.. - Mortaja,S.					
3:07.52		National Team	SRI	3h2	Guangzhou	23.11.10
	Amarasekara,P.-Rathnayake,I.M.-Wickramesinghe,K.-Senevirathne,K.					
3:07.57		National Team	IRQ	2	Aleppo	20.09.10
	Al-Jassem,A. - Tareq,K. - Juma,M.H. - Al-Abodi,K.					
3:07.87	NR	National Team	IRI	3	Aleppo	20.09.10
	Bouazar,R. - Hashemi,S. - Moradi,S. - Mangasar,E.					
3:09.49		National Team	KOR	4h2	Guangzhou	23.11.10
	Cho Sung-Kwon - Lim Chan-Ho - Choi Myung-Jun - Lee Seung-Yoon					
3:10.69		National Team	THA	1	Pune	01.06.10
	Phocharoen,J. - Ruckburee,C. - Sammayan,S. - Chimdee,S.					
3:10.84		Nat.Military Team	OMA	6	Aleppo	16.10.10
	Al-Waheibi,A. - Al-Nufali,Y.S. - Al-Rawahi,M. - Al-Qureini,O.					

## W O M E N e v e n t s

### 100 m / automatic timing

11.21	+1.7	NR	Chisato Fukushima	JPN	270688	1	Hiroshima	29.04.10
11.34	+1.2		Guzel Khubbieva	UZB	020576	2	Guangzhou	22.11.10
11.35	+1.7		Momoko Takahashi	JPN	161188	2	Hiroshima	29.04.10
11.42	0.0		Tao Yujia	CHN	160287	1	Jinan	06.08.10
11.43	+1.2		Vu Thi Huong	VIE	071086	3	Guangzhou	22.11.10
11.50	+1.4		Mayumi Watanabe	JPN	060683	1	Fukushima	09.07.10
11.56	0.0		Saradha Narayanan	IND	220886	1	Kochi	16.05.10
11.56	0.0		Liang Qiuping	CHN	110388	2	Jinan	06.08.10
11.59	+1.7		Yumeka Sano	JPN	010685	4	Hiroshima	29.04.10
11.61	+0.8		Anna Doi	JPN	240895	1	Tottori	23.08.10
11.61	+1.1		Neeranut Klomdee	THA	010680	3s2	Guangzhou	22.11.10

### wind-aided

11.53	+3.7		Oh Hyung-Mi	KOR	131082	1	Youngkwang	20.04.10
11.55	+3.7		Kim Ha-Na	KOR	010785	2	Youngkwang	20.04.10





# Asian Athletics Ranking 2010

## 200 m / automatic timing

22.89	-0.2 NR	Chisato Fukushima	JPN	270688	1	Fukuroi	03.05.10
23.17	-0.2	Momoko Takahashi	JPN	161188	2	Fukuroi	03.05.10
23.23	-0.9	Yuliya Gavrilova	KAZ	251091	1	Tashkent	05.06.10
23.27	NR	Vu Thi Huong	VIE	071086	1	Danang	29.12.10
23.43	-0.4	Liang Qiuping	CHN	110388	1	Jinan	08.08.10
23.68	+0.7	Saori Imai	JPN	220890	1	Matsumoto	28.08.10
23.73	+1.4	Kana Ichikawa	JPN	140191	1	Hiratsuka	19.06.10
23.73	-0.4	Zhao Yanmin	CHN	260191	2	Jinan	08.08.10
23.73		Le Ngoc Phuong	VIE	051282	2	Danang	29.12.10
23.84	-0.4	Zheng Jiaqian	CHN	200493	3	Jinan	08.08.10

## 400 m / automatic timing

51.97		Olga Tereshkova	KAZ	261084	1	Guangzhou	22.11.10
52.13		Mandeep Kaur (II)	IND	190488	1	Patiala	06.08.10
52.35		Marina Maslenko	KAZ	030782	1h1	Guangzhou	21.11.10
52.66		Asami Chiba*	JPN	250985	2h1	Guangzhou	21.11.10
52.75		Manjeet Kaur	IND	040482	1h4	New Delhi	06.10.10
52.78		Jauna Murmu	IND	160890	2	Patiala	06.08.10
52.97		R.M.Chandrika Subashini	SRI	200687	4s1	New Delhi	07.10.10
53.01		Sini Jose	IND	250587	1	Ranchi	02.05.10
53.22		Tang Xiaoyin	CHN	290485	1	Jinan	06.08.10
53.26		Chen Lin	CHN	290891	2	Jinan	06.08.10

## drugs disqualification

52.74		Yuliya Gavrilova	KAZ	251091	dq	Shymkent	21.07.10
-------	--	------------------	-----	--------	----	----------	----------

## 800 m

1:59.17	NR	Tintu Luka	IND	260489	5	Split	04.09.10
1:59.89		Maryam Yusuf Jamal	BRN	160984	8	Eugene	03.07.10
2:00.29		Margarita Matsko	KAZ	040186	1	Guangzhou	25.11.10
2:00.91	NR	Truong Thanh Hang	VIE	010586	2	Guangzhou	25.11.10
2:03.09		Ruriko Kubo	JPN	230189	3	Kawasaki	19.09.10
2:03.25		Zhang Liqiu	CHN	070587	1rB	Jinan	08.08.10
2:03.41		Anna Sidorova	UZB	090984	2	Almaty	19.09.10
2:03.44		Sinimol Paulose	IND	240683	4h2	New Delhi	10.10.10
2:03.53		Ayako Jinnouchi	JPN	210187	4	Kawasaki	19.09.10
2:03.69		Sushma Devi	IND	070584	2	Kochi	16.05.10

## 1500 m

3:58.93		Maryam Yusuf Jamal	BRN	160984	1	Rieti	29.08.10
4:00.25		Mimi Belete	BRN	090688	2	Rieti	29.08.10
4:09.58	NR	Truong Thanh Hang	VIE	010586	2	Guangzhou	23.11.10
4:11.76		Su Qian	CHN	041188	4	Guangzhou	23.11.10
4:12.30		Jhuma Khatun	IND	280888	7h1	New Delhi	07.10.10
4:12.38		Mika Yoshikawa	JPN	160984	1	Chiba	03.10.10
4:13.15		Orchatteri P. Jaisha	IND	230583	9h1	New Delhi	07.10.10
4:13.88		Yuriko Kobayashi	JPN	121288	6	Walnut	17.04.10
4:14.05		Jameela Genzebe Shami	BRN	290191	4h1	Moncton	23.07.10



## Asian Athletics Ranking 2010

4:14.06 Sushma Devi IND 070584 1 Patiala 07.08.10

### 3000 m

8:29.20 Maryam Yusuf Jamal BRN 160984 2 Monaco 22.07.10  
8:32.18 Mimi Belete BRN 090688 4 Monaco 22.07.10  
9:01.22 Tejitu Daba Chalchissa BRN 200891 5 Moncton 19.07.10  
9:01.39 Yuriko Kobayashi JPN 121288 3 Berkeley 24.04.10  
9:04.88 Akane Yabushita JPN 060691 1 Kobe 07.10.10  
9:06.63 Tomoka Kimura JPN 121194 1 Fukuoka 19.09.10  
9:06.75 Li Rong CHN 150693 1j Zibo 23.09.10  
9:08.07 Risa Shibuya JPN 130492 1j Chiba 05.10.10  
9:08.85 Kazue Kojima JPN 141087 1 Abashiri 17.07.10  
9:09.55 Tomoka Inadomi JPN 160186 1 Fukuroi 03.05.10

### 5000 m

15:15.59 Mimi Belete BRN 090688 1 Guangzhou 26.11.10  
15:15.79 Shitaye Eshetu Habtegebrel BRN 210590 1 Kessel-Lo 14.08.10  
15:15.89 NR Preeja Sreedharan IND 130382 2 Guangzhou 26.11.10  
15:16.15 Yuriko Kobayashi JPN 121288 1-mx Fukuroi 18.09.10  
15:16.54 Kavita Raut IND 050585 3 Guangzhou 26.11.10  
15:17.86 Kayoko Fukushi JPN 250382 3 Osaka 08.05.10  
15:20.01 Karima Saleh Jassem BRN 180288 4 Guangzhou 26.11.10  
15:24.66 Kayo Sugihara JPN 240283 2-mx Hachioji 24.11.10  
15:24.99 Risa Takenaka JPN 060190 1-mx Osaka 05.12.10  
15:25.50 Kasumi Nishihara JPN 010389 1-mx Yokohama 05.12.10

### 10000 m

31:29.03 Kayoko Fukushi JPN 250382 1 Kobe 25.04.10  
31:30.92 Hikari Yoshimoto JPN 140190 2 Kobe 25.04.10  
31:38.71 Ryoko Kizaki JPN 210685 1-mx Abashiri 17.07.10  
31:44.93 Kayo Sugihara JPN 240283 1-mx Niigata 11.10.10  
31:50.47 NR Preeja Sreedharan IND 130382 1 Guangzhou 21.11.10  
31:51.44 Kavita Raut IND 050585 2 Guangzhou 21.11.10  
31:53.22 Remi Nakazato JPN 240688 2-mx Niigata 11.10.10  
31:53.27 NR Shitaye Eshetu Habtegebrel BRN 210590 3 Guangzhou 21.11.10  
32:09.01 Hiroko Miyauchi JPN 190683 1-mx Fukagawa 17.06.10  
32:14.43 Mai Ito JPN 230584 3-mx Niigata 11.10.10

### Marathon

2:24:55 Yukiko Akaba JPN 181079 6 London 25.04.10  
2:25:00 Zhou Chunxiu CHN 151178 1 Guangzhou 27.11.10  
2:25:18 Bai Xue CHN 131288 7 London 25.04.10  
2:25:43 Mari Ozaki JPN 160775 9 London 25.04.10  
2:26:10 Tomo Morimoto JPN 271283 3 Berlin 26.09.10  
2:26:35 Zhu Xiaolin CHN 200284 2 Guangzhou 27.11.10  
2:27:06 Kim Kum Ok PRK 091288 3 Guangzhou 27.11.10  
2:27:11 Yuri Kano JPN 271078 1 Nagoya 14.03.10  
2:27:19 Kayoko Obata JPN 180971 5 Osaka 31.01.10



# Asian Athletics Ranking 2010

2:27:34 Ryoko Kizaki JPN 210685 6 Osaka 31.01.10

## 3000 m Steeple

9:46.05	Li Zhenzhu	CHN	131285	2	Annecy	11.09.10
9:47.02	Minori Hayakari	JPN	291172	8	Barcelona	09.07.10
9:52.92	Jin Yuan	CHN	110288	1	Jinan	07.08.10
9:55.67	NR Sudha Singh	IND	250686	1	Guangzhou	21.11.10
10:02.98	NR Nguyen Thi Phuong	VIE	90	1	Danang	29.12.10
10:03.05	Orchatteri P. Jaisha	IND	230583	1	Patiala	08.08.10
10:03.50	Wang Kaiqiu	CHN	091089	3	Jinan	07.08.10
10:04.37	Yoshika Arai	JPN	260282	2	Marugame	05.06.10
10:05.60	NR Karima Saleh Jassem	BRN	180288	4	Guangzhou	21.11.10
10:06.43	Zhai Yanhong	CHN		1	Beijing	14.05.10

## 100 m H / automatic timing

13.00	+0.8 NR Lee Yeon-Kyong	KOR	150481	1	Daegu	07.06.10
13.10	+1.1 Asuka Terada	JPN	140190	1h2	Marugame	05.06.10
13.13	+0.9 Chung Hye-Rim	KOR	010787	2	Changwon	12.05.10
13.13	+0.1 Sun Yawei	CHN	171087	1	Jinan	06.08.10
13.20	+1.3 NR Dedeh Erawati	INA	250579	2h2	Guangzhou	24.11.10
13.22	+0.9 Nataliya Ivoninskaya	KAZ	220285	2h1	Guangzhou	24.11.10
13.22	+1.3 Anastasiya Soprunova	KAZ	140186	3h2	Guangzhou	24.11.10
13.25	+1.9 Rena Joshita	JPN	020486	1h1	Marugame	05.06.10
13.28	0.0 Ayako Kimura	JPN	110688	1	Tokyo	12.09.10
13.38	+1.6 Kang Ya	CHN	160390	1h1	Chongqing	26.06.10
13.38	+0.9 Wallapa Pansoongneun	THA	150186	4h1	Guangzhou	24.11.10

## wind-aided

13.36	+2.7 Mami Ishino	JPN	100183	1h4	Marugame	05.06.10
-------	------------------	-----	--------	-----	----------	----------

## 400 m H / automatic timing

55.61	Satomi Kubokura	JPN	270482	7	Shanghai	23.05.10
55.99	Miyabi Tago	JPN	150788	3	Osaka	08.05.10
56.15	Akkunji C. Ashwini	IND	071087	1	Guangzhou	25.11.10
56.54	Wang Xing	CHN	301186	1	Jinan	08.08.10
56.77	Yang Qi	CHN	130491	2	Jinan	08.08.10
56.78	Ruan Zhuofen	CHN	210185	3	Jinan	08.08.10
56.88	Jauna Murmu	IND	160890	4	Guangzhou	25.11.10
56.90	Sayaka Aoki	JPN	151286	3	Marugame	06.06.10
56.96	Yuka Nomura	JPN	180687	1	Odawara	16.10.10
57.16	Natalya Asanova	UZB	291189	4h1	Guangzhou	24.11.10

## High Jump

1.95	Nadiya Dusanova	UZB	171187	1	New Delhi	29.07.10
1.95	Svetlana Radzivil	UZB	170187	1	Guangzhou	26.11.10
1.93	Anna Ustinova	KAZ	081285	2	Bangalore	05.06.10



## Asian Athletics Ranking 2010

1.91	Zheng Xingjuan	CHN	200389	1	Kunshan	16.05.10
1.88	Wang Yang	CHN	140289	2	Kunshan	16.05.10
1.88	Wanida Boonwan	THA	300886	2	Pune	01.06.10
1.88	Chen Yanjun	CHN	130188	1	Hefei	14.06.10
1.88	Noengruthai Chaipetch	THA	011282	1=	Hongkong	11.07.10
1.88	Tatyana Efimenko	KGZ	020181	4	New Delhi	29.07.10
1.84	Qiao Yanrui	CHN	290988	2	Suzhou	25.04.10

1.84	Shi Tianzhu	CHN	311087	3	Kunshan	16.05.10
1.84	Gu Xuan	CHN	191187	3	Jinan	06.08.10
1.84	Sahana Kumari	IND	060381	7=	Guangzhou	26.11.10

### better Indoor

1.94	Marina Aitova	KAZ	130982	1	Cottbus	27.01.10
1.94	Zheng Xingjuan	CHN	200389	5=	Doha	13.03.10
1.89	Yekaterina Yevseyeva	KAZ	220688	2	Karaganda	27.01.10

### Pole Vault

4.50	Li Caixia	CHN	230887	4	Split	04.09.10
4.40	Li Ling	CHN	060789	2	Jinan	08.08.10
4.30	Gao Shuying	CHN	281079	2	Chula Vista	22.05.10
4.30	Choi Yun-Hee	KOR	280586	1	Daegu	07.06.10
4.30	Wu Sha	CHN	211087	3	Jinan	08.08.10
4.25	Tomomi Abiko	JPN	170388	1	Marugame	04.06.10
4.23	Megumi Nakata	JPN	061288	1	Kurume	18.09.10
4.20	Takayo Kondo	JPN	171175	5	Osaka	08.05.10
4.15	Roslinda Samsu	MAS	090682	1	Tsaotun	23.03.10
4.15	Xu Huiqin	CHN	040993	1y	Shijiazhuang	17.04.10
4.15	Zhou Yang	CHN	160588	4	Jinan	08.08.10

### better Indoor

4.31	Gao Shuying	CHN	281079	4	New York	29.01.10
------	-------------	-----	--------	---	----------	----------

### drugs disqualification

4.20	Lim Eun-Ji	KOR	020489	dq	Changwon	11.05.10
------	------------	-----	--------	----	----------	----------

### Long Jump

6.81	-0.1 NR	Yuliya Tarasova	UZB	130386	1	Tashkent	05.06.10
6.71	+1.3	Jung Soon-Ok	KOR	230483	1	Youngkwang	08.09.10
6.64	+0.5	Mayookha M. Johny	IND	090488	1	New Delhi	29.07.10
6.60	+0.1	Olga Rypakova*	KAZ	301184	3	Split	05.09.10
6.59	+0.9	Sachiko Masumi	JPN	201284	1	Fukuroi	03.05.10
6.58	+0.8	Wang Wupin	CHN	180191	1	Chongqing	27.06.10
6.55	+1.1	Maliakhal A. Prajusha	IND	200587	1	Bangalore	05.06.10
6.54	+1.8	Kumiko Imura	JPN	100181	1	Sapporo	11.07.10
6.52	+0.4	Xu Xiaoling	CHN	130592	3	Hefei	14.06.10
6.52	+0.8	Chen Jiao	CHN	241191	2	Chongqing	27.06.10

### wind-aided

6.79	+2.2	Lu Minjia	CHN	291292	1	Hefei	14.06.10
6.61	+2.7	Marestella Torres	PHI	200281	2	Haldensleben	22.08.10



# Asian Athletics Ranking 2010

## Triple Jump

15.25	+1.7	AsR Olga Rypakova*	KAZ	301184	1	Split	04.09.10
14.35	+1.6	Xie Limei	CHN	270686	4	Split	04.09.10
14.08	-0.9	Aleksandra Kotlyarova	UZB	101088	1	Bangalore	05.06.10
14.00		Sun Yan	CHN	300391	1	Beijing	13.05.10
13.95		Liu Yanan	CHN	180187	2	Beijing	13.05.10
13.94		Wang Huiqin	CHN	070290	3	Beijing	13.05.10
13.89	-0.4	Valeriya Kanatova	UZB	290892	3	Bangalore	05.06.10
13.87	-0.4	Li Yanmei	CHN	060290	1	Chongqing	26.06.10
13.85	+0.3	Thitima Muangjan	THA	130483	4	Bangalore	05.06.10
13.83	+0.4	Chen Yufei	CHN	260189	2	Chongqing	26.06.10

### better Indoor

13.95		Chen Yufei	CHN	260189	1	Nanjing	10.03.10
-------	--	------------	-----	--------	---	---------	----------

## Shot Put

20.13		Gong Lijiao	CHN	240189	3	Split	05.09.10
19.94		Li Ling	CHN	070285	1	Guangzhou	21.11.10
18.49		Liu Xiangrong	CHN	060688	6	Shanghai	23.05.10
17.51		Lee Mi-Young	KOR	190879	3	Guangzhou	21.11.10
17.50		Ma Qiao	CHN	280989	4	Jinan	07.08.10
17.46		Leyla Rajabi	IRI	180483	1	Aleppo	18.09.10
17.42		Meng Qianqian	CHN	060191	3	Suzhou	24.04.10
17.37		Yang Yanbo	CHN	090390	3	Kunshan	15.05.10
17.06	NR	Lin Chia-Ying	TPE	051182	4	Guangzhou	21.11.10
17.06		Zhang Guirong	SIN	050278	5	Guangzhou	21.11.10

### better Indoor

17.21		Aleksandra Fisher	KAZ	030688	1	Karaganda	27.01.10
-------	--	-------------------	-----	--------	---	-----------	----------

## Discus Throw

66.18		Li Yanfeng	CHN	150579	1	Guangzhou	23.11.10
64.04		Song Aimin	CHN	150378	2	Guangzhou	23.11.10
63.69		Krishna Poonia	IND	050582	2	Chula Vista	29.04.10
60.78		Jiang Fengjing	CHN	280887	3	Fränk-Crumbac	23.05.10
60.66		Harwant Kaur	IND	050780	1	Patiala	05.08.10
60.39		Ma Xuejun	CHN	260385	3	Halle	15.05.10
59.94		Xu Shaoyang	CHN	090283	3	Jinan	07.08.10
59.65		Tan Jian	CHN	200188	1j	Halle	16.05.10
59.51		Seema Antil	IND	270783	2	Pune	01.06.10
58.55		Sun Taifeng	CHN	260882	3	Chongqing	26.06.10

## Hammer Throw

73.83		Zhang Wenxiu	CHN	220386	1	Jinan	06.08.10
71.19		Wang Zheng	CHN	141287	1	Chongqing	26.06.10
66.77		Yang Youyu	CHN	140985	3	Jinan	06.08.10
66.26		Zhang Li	CHN	130393	2	Hefei	13.06.10





## Asian Athletics Ranking 2010

64.32	Masumi Aya	JPN	010180	1	Marugame	17.07.10
63.50	Yuka Murofushi	JPN	110277	1	Marugame	04.06.10
63.32	Wang Lu	CHN	221291	2	Kunshan	15.05.10
62.93	Hao Shuai	CHN	190787	4	Suzhou	24.04.10
62.92	Yang Meiping	CHN	231081	4	Jinan	06.08.10
62.26	Kang Na-Ru	KOR	250483	1	Taebaek	17.08.10

### Javelin Throw

61.56	NR Yuki Ebihara	JPN	281085	1	Guangzhou	25.11.10
61.51	Xue Juan	CHN	100286	1	Jinan	08.08.10
60.60	Li Lingwei	CHN	260189	2	Jinan	08.08.10
60.58	Zhang Li (II)	CHN	170189	1	Chongqing	26.06.10
58.49	Liu Chunhua	CHN	011086	1	Zhaoqing	29.05.10
58.41	Du Xiaowei	CHN	110887	4	Jinan	08.08.10
58.17	Zhang Ying	CHN	050188	1	Suzhou	24.04.10
58.09	Kim Kyong-Ae	KOR	050388	1-C	Changwon	12.05.10
57.61	Suh Hae-An	KOR	010785	1	Youngkwang	20.04.10
57.51	Ma Ning	CHN	041183	5	Jinan	08.08.10

### Heptathlon

5783	Yuliya Tarasova	UZB	130386	1	Guangzhou	23.11.10
	14.02-1.74-12.92-24.12w/6.24-39.18-2:34.57					
5670	Yuki Nakata	JPN	100377	1	Kawasaki	13.06.10
	14.01-1.69-10.61-26.16/6.30-44.66-2:21.78					
5454	G.Pramila Ganapathy	IND	080577	1	Patiala	08.08.10
	14.31-1.69-11.66-25.54/5.96-38.93-2:28.18					
5429	Mei Yiduo	CHN	270391	1	Jinan	06.08.10
	14.02-1.69-12.99-26.34/5.65-41.86-2:31.90					
5390	Sushmita Singha Roy	IND	260384	2	Patiala	08.08.10
	14.45-1.72-11.40-25.02/5.73-36.05-2:27.14					
5364	Sun Lu	CHN	190288	2	Jinan	06.08.10
	13.88-1.72-10.60-25.35/5.68-31.32-2:20.94					
5325	Aya Honda	JPN	101088	1	Kumagaya	22.08.10
	14.25-1.67-11.50-25.47/5.99-32.15-2:27.15					
5314	Navpreet Kaur	IND	290786	3	Patiala	08.08.10
	14.12-1.72-10.42-24.60/5.40-31.79-2:20.89					
5278	Chen Rui	CHN	300986	3	Jinan	06.08.10
	14.59-1.69-12.27-27.03/5.74-40.21-2:28.73					
5270	Yin Li	CHN	190790	4	Jinan	06.08.10
	14.69-1.66-10.42-25.70/5.74-36.96-2:20.28					

### 10 km Road / 10000 m Track Walk

42:30	Liu Hong	CHN	120587	1	Beijing	18.09.10
42:41	Li Yanfei	CHN	120190	4	Beijing	18.09.10
42:50	Mayumi Kawasaki	JPN	100580	1	Wajima	17.04.10
43:24.22	Kumi Otoshi	JPN	290785	2	Niigata	25.09.10
44:20	He Qin	CHN	230392	9y	Beijing	18.09.10



## Asian Athletics Ranking 2010

44:30+	Masumi Fuchise	JPN	020986	-	Nomi	14.03.10
44:34.13	Kumiko Okada	JPN	171091	2	Chiba	04.10.10
44:55	Lu Xiuzhi	CHN		jr 1y	Beijing	18.09.10
44:55	Luo Xingcai	CHN	93	2y	Beijing	18.09.10
45:10	Liu Huan	CHN	93	3y	Beijing	18.09.10

### 20 km Road / 20000 m Track Walk

1:29:35	Masumi Fuchise	JPN	020986	1	Nomi	14.03.10
1:30:06	Liu Hong	CHN	120587	1	Guangzhou	23.11.10
1:30:33	Qieyang Shenjie	CHN	111190	1	Beijing	20.09.10
1:30:35	Sun Huanhuan	CHN	150390	2	Beijing	20.09.10
1:30:36	Kumi Otoshi	JPN	290785	2	Nomi	14.03.10
1:30:37	Mayumi Kawasaki	JPN	100580	1	Kobe	31.01.10
1:30:37	Yang Mingxia	CHN	130190	3	Beijing	20.09.10
1:30:44	Shi Yang	CHN	240183	4	Beijing	20.09.10
1:30:53	Li Yanfei	CHN	120190	4	Rio Maior	10.04.10
1:31:21	Gao Ni	CHN	140991	1j	Beijing	20.09.10

### 4x100 Metres

44.09	National Team	THA		1	Guangzhou	26.11.10
	Jaksunin,P. - Klomdee,N. - Tawoncharoen,L. - Sanrat,N.					
44.22	National Team	CHN		2	Guangzhou	26.11.10
	Tao Yujia - Liang Qiuping - Jiang Lan - Ye Jiabei					
44.41	National Team	JPN		3	Guangzhou	26.11.10
	Watanabe,M. - Takahashi,M. - Sano,Y. - Fukushima,C.					
44.77	NR National Team	VIE		4	Guangzhou	26.11.10
	Le Thi Mong Tuyen - Le Ngoc Phuong - Ng.Thi Ngoc Tham - Vu Thi Huong					
45.23	National Team	IND		5	Guangzhou	26.11.10
	Geetha,S. - Srabani,N. - Priya,P.K. - Jyothi,H.M.					
45.33	NR National Team	MAS		1	Zgorzelec	17.07.10
	Adabi,S.Z. - Abdul Kadir,N.S. - Yee Yi Ling - Jamaluddin,N.H.					
45.48	National Team	SRI		1	Colombo	30.08.10
	De Silva,J.C. - Dias,A.S. - Priyadharshani,N.C.D. - Buddika,H.P.					
45.70	Andong Team	KOR		1	Changwon	11.05.10
	Jung Soon-Ok - Kim Tae-Kyong - Kim Ha-Na - Kim Cho-Rong					
45.90	Nat.Junior Team	TPE		3	Hanoi	04.07.10
	Liao Ching-Hsien - Syu Siang-Ru - Huang Wen-Lin - Tsai Pei-Ju					
46.16	Nat.University Team	INA		2	Chiangmai	21.12.10
	Unani,S.A. - Utami,T.S. - Imaniar,N. - Bawele,A.					

### drugs disqualification

45.57	Nat.Junior Team	KAZ		dq	Hanoi	04.07.10
	Shynyzbekova,A. - Bludova,O. - Zyabkina,V. - Gavrilova,Y.					

### 4x400 Metres

3:27.77	National Team	IND		1	New Delhi	12.10.10
	Kaur,Manjeet - Jose,S. - Ashwini,A.C. - Kaur,Mandeep					
3:30.03	NR National Team	KAZ		2	Guangzhou	26.11.10



## Asian Athletics Ranking 2010

<b>3:30.89</b>		<b>Maslenko,M. - Yalovtseva,V. - Matsko,M. - Tereshkova,O.</b>			
		<b>National Team</b>	<b>CHN</b>	<b>3</b>	<b>Guangzhou 26.11.10</b>
<b>3:31.81</b>		<b>Zheng Zhihui - Tang Xioayin - Chen Lin - Chen Jingwen</b>			
		<b>National Team</b>	<b>JPN</b>	<b>4</b>	<b>Guangzhou 26.11.10</b>
<b>3:43.16</b>		<b>Aoki,S. - Chiba,A. - Kubokura,S. - Tanaka,C.</b>			
		<b>Incheon Team</b>	<b>KOR</b>	<b>1</b>	<b>Jinju 11.10.10</b>
<b>3:43.60</b>	<b>NR</b>	<b>Kim Hee-Sung - Kim Dong-Hyun - Kim Min-Jung - Choi Ju-Young</b>			
		<b>National Team</b>	<b>IRQ</b>	<b>1</b>	<b>Aleppo 20.09.10</b>
<b>3:44.81</b>		<b>Jassem,H.A. - Mahmoud,Z.S. - Abdulrazzak,D. - Mahmoud Ieso,K.</b>			
		<b>National Team</b>	<b>SRI</b>	<b>2</b>	<b>Dhaka 08.02.10</b>
<b>3:47.40</b>		<b>Kumari,T. - Wickramesinghe,M. - Kumari,R. - Subashini,C.</b>			
		<b>Nat.Junior Team</b>	<b>THA</b>	<b>1</b>	<b>Bangkok 04.11.10</b>
<b>3:48.38</b>		<b>Pedbanna,S. - Srichudanu,S. - Hoemhuk,P. - Seenorak,P.</b>			
		<b>Nam Dinh Team</b>	<b>VIE</b>	<b>1</b>	<b>Danang 27.12.10</b>
<b>3:50.46</b>		<b>Do Thi Quyen - Vu Thi Mon - Pham Thi Ngo - Ng.Thi Huyen</b>			
		<b>Nat.University Team</b>	<b>INA</b>	<b>1</b>	<b>Chiangmai 22.12.10</b>
		<b>Viera,M.H. - Unani,S.A. - Musyafidah - Souhaly,N.</b>			